Greetings friends –

I look forward to meeting you in the ethers on Orthodox Holy Saturday. Here are some quotes, verses and leading thoughts for our ‘break out session’, to ponder. You will also be invited to get up to do some healing eurythmy with Raven Garland during our time together.

“It is urgently necessary for humankind, to become conscious of the fact that the ‘so-called dead’ & the spiritual world are working into the actual details of
physical existence.” ~ Rudolf Steiner, Anthroposophy and Natural Science.” 12th November, 1917.

“The bat contributes an unhealthy astrality, consisting of unconscious fear-laden ideas, feelings, & speculations, which feed beings who oppose the aims of the progressive hierarchies for the healthy evolution of human beings...This bat-residue is the most craved-for nutriment of what I have described as the Dragon. But this bat-residue must first be breathed into the human being. The Dragon finds his surest foothold in human nature when man allows his unconscious instincts to be imbued with these emanations of the bat. There they seethe. And the dragon feeds on them & grows”. ~Rudolf Steiner, Man as Symphony of the Creative Word.

“Illness seeks to create our body anew, from out of Sun forces arising in the present, but which are a calling from the future”.~ Rudolf Steiner, specialist sciences and Anthroposophy

“This moment humanity is going through can be seen as a portal, or, as an abyss. The decision to fall into the hole, or go through the portal is up to you.” ~Hopi Elder

“I will follow the path,
That dissolves the elements into activity,
And leads me down to the Father,
Who sends illness to work out karma,
And leads me up to the Spirit,
Who guides the erring soul toward freedom.
The Christ leads downward and upward,
Creating Spirit-Man in Earth humanity,
In harmonious union.” ~Rudolf Steiner, Broken Vessels: The Spiritual Structure of Human Frailty Dornach, Switzerland, September 1924, GA 318

"The forces present in Bacilli, are a consequence of the ahrimanic hosts of heaven having been cast down upon earth, of the dragon having been conquered. But the consequence of that victory in heaven is that the ahrimanic way of thinking has been spreading across the earth since the end of the 1870’s. We can therefore say that on the physical level, diseases involving bacilli, as well as, present day intellectual materialism, have the same source, which now seeks to thrive in the realm of the human being. In a higher sense, disease and materialism are most certainly comparable." ~Rudolf Steiner, Donarch, 14 October 1917, GA 177

“...A lie is like a murder in the spiritual world...Imagine a people which was composed entirely of liars - the astral plane would be populated solely by the corresponding demons which these lies create; and these demons would be able to express themselves in a constitutional tendency to epidemics. Thus there is a certain species of bacilli who are the carriers of infectious diseases; these beings are the progeny of the lies told by human beings; they are nothing else than physically embodied demons generated by lies.” ~ Rudolf Steiner (GA 99 – L.6) Theosophy of the Rosicrucian – The Law of Destiny.
“A holy mission laid upon humanity of the present, which informs the future, to work with the divine-spiritual beings who guide the world, and with the so-called dead’ ~Rudolf Steiner, Geographic Medicine

“In my heart,
Sun-strength shines,
In my soul,
World-warmth works.
I will breathe,
The strength of the Sun,
I will feel,
The warmth of the world.
Sun-strength fills me,
World-warmth penetrates me.
~Rudolf Steiner, Mantric Sayings, GA 268

“For what is acquired here as wisdom, becomes light over there, spiritual light. Wisdom is spiritual light. In order that it may not be dark across the Threshold, we need wisdom.” ~Rudolf Steiner, Geographic Medicine.

“We need love. Not the love dependent on the physical body - we can’t take that over into the spiritual world. But we can bring all the loving perceptions we’ve had” ~Rudolf Steiner, Geographic Medicine.
“...If we pass thru the portal of death having loved power or wealth, or debased our thinking by only following materialistic concepts, or other sense-based things, then we must remain in the region of the earth as a destructive force, and then this love, is applied to the work of destruction. These beings love the work of destruction, but the saving grace is, that they are compelled to observe themselves in this false, misplaced love, which is really a lust; an enslavement”.

~Rudolf Steiner, The Problem of Destiny

“...we can also be thankful to an illness which ends in death, because we know that the higher stage that we enter in the life between death and a new birth is of great significance, because we will have learned that our body must be different when we construct it for the future, avoiding the harmful aspects which caused us to succumb before” ~Rudolf Steiner, Metamorphoses of the Soul Paths of Experience Vol. 2

“If sickness and health did not exist, we would never be able to unfold the fruits of our own labor in the development of the world. For only by a knowledge of our mistakes can truth be arrived at. The human being learns to overcome mistakes and errors, in healing on the one hand, and on the other we meet the mistakes which we were not able to overcome in life, in the existence between death and a new life, so that we learn to overcome them in the next life” ~Rudolf Steiner, Metamorphoses of the Soul, Paths of Experience Vol. 2

“If the person knows why they are yoked to the spirits that bring epidemics about, they also realize that they must suffer from this sickness themselves in their next
life, in order to work towards a cosmic compensation. If the soul remains ignorant of the reason, they create the same karma, the compensation can only occur in a later incarnation - progress is postponed, not only for the individual, but this has repercussions for the whole of humanity, slowing the progress of our highest evolution” ~Rudolf Steiner, Occult Research into Life Between Death and a New Birth

"A being like Ahriman, who will incarnate in the West, prepares for this incarnation in advance. With a view to his incarnation on the earth, Ahriman guides certain forces in evolution in such a way that they may be of the greatest possible advantage to him. And evil would result were people to live on in a state of drowsy unawareness, unable to recognize certain phenomena in life as preparations for Ahriman’s incarnation in the flesh. The right stand can be taken only by recognizing in one or another series of events the preparation that is being made by Ahriman for his earthly existence. And the time has now come for individual human beings to know what tendencies and events around them are machinations of Ahriman, helping him to prepare for his approaching incarnation." - Rudolf Steiner, Lucifer and Ahriman Lecture 1: GA 191 – Dornach, 1 Nov 1919

Dear friends, yes, we will have a lot to cover in this 1st Session together. What would it be like to cultivate the thought, that all the upheaval, the plagues & ‘natural’ disasters, that we are experiencing right now, are, in spiritual reality, the travails of the Being of Mother Earth, striving to slough off outworn Maya; endeavoring, to give birth, to a new etheric body, where ‘Christ-in-me’ holds
sway? And we are the midwives, rolling away the stone with the angels, to open the way for a new dawning. A resurrection, that requires fresh formative forces, which must 1st grow & flourish in human hearts – Hearts willing to have cosmic thoughts - Hearts willing to stretch & shift & evolve a 5th chamber – a womb for love & wisdom, offered up in freedom...

My friends, the origin of the word “virus” means “poison.” But this needs to be heard homeopathically as the poison that becomes the medicine that heals. To further that healing I will invite Raven Garland, curative eurythmist, & friend, to lead us in the powerful gesture ‘Halleluiah.’

Blessings & Peace ~ Hazel Archer-Ginsberg – Founder of Reverse Ritual Understanding Anthroposophy through the Rhythms of the Year. Essayist, Lecturer, Poet, Trans-denominational Minister, Anthroposopher - working as the Festivals Coordinator of the Chicago Rudolf Steiner Branch, The Traveling Speakers Program, & the Central Regional Council of the Anthroposophical Society.