



After Death Care

As a Healing Art by Tischia Bluske

HOPI ELDERS SPEAK

"You have been telling the people that this is the Eleventh Hour.

Now you must go back and tell the people that this is the Hour.

And there are things to be considered:

Where are you living?

What are you doing?

What are your relationships?

Are you in right relation?

Where is your water?

Know your garden.

It is time to speak your Truth.

Create your community.

Be good to each other.

And do not look outside yourself for the leader.

This could be a good time!

There is a river flowing now very fast.

It is so great and swift that there are those who will be afraid.

They will try to hold on to the shore.

They will feel they are being torn apart, and they will suffer greatly.

Know the river has its destination.

The elders say we must let go of the shore, push off into the middle of

The river, keep our eyes open, and our heads above the water.

See who is in there with you and celebrate.

At this time in history, we are to take nothing personally.

Least of all, ourselves.

For the moment that we do, our spiritual growth and journey comes to a halt.

The time of the lone wolf is over. Cather yourselves!

Banish the word struggle from your attitude and your vocabulary.

All that we do now must be done in a sacred manner and in celebration.

We are the ones we've been waiting for."

The Elders Oraibi, Arizona Hopi Nation





Ritual

Both children and adults benefit greatly from being involved in beauty and purpose to process the death of a loved one.



A Vigil is Ritual

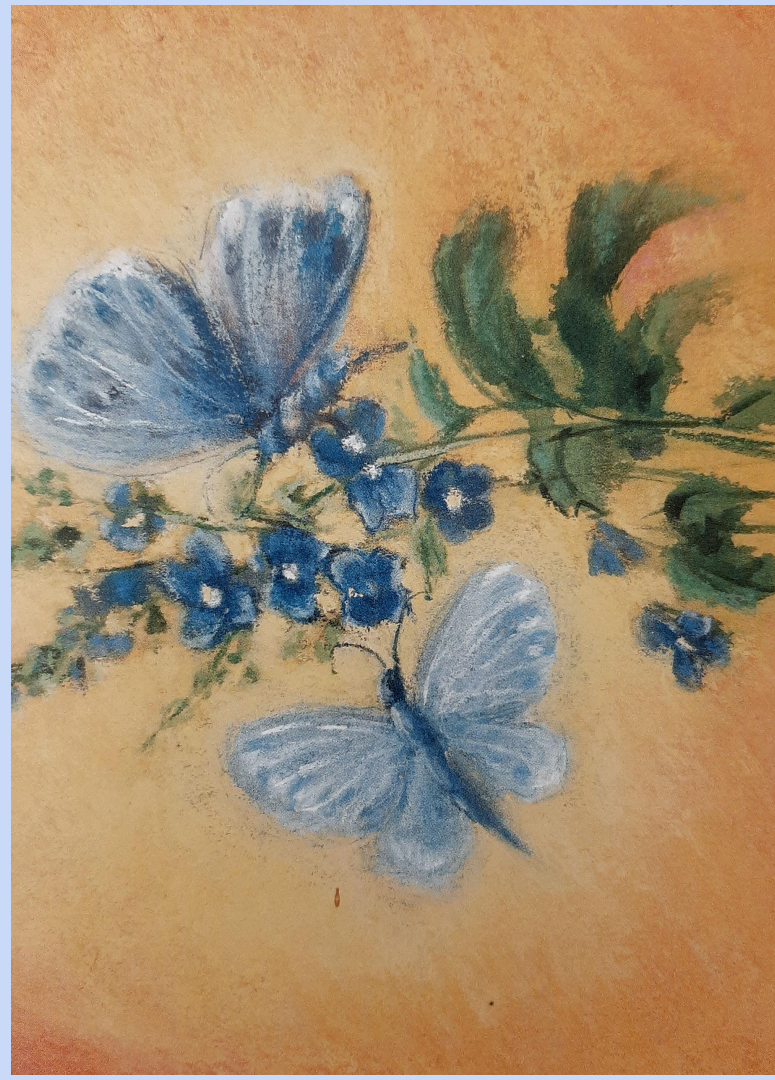
A ritual is a festival

Honoring or mirroring an event in the spiritual world

Bringing a spiritual event to the world of the physical senses

Claiming our place and our connection

Within the cosmos







Home Funeral For a Child



The grief over the loss
of a child





" when little children die they are not lost to us; we do not lose them, they stay with us spiritually" ~ Rudolf Steiner

**"...because we have been united with them they convey their pain to our souls. We feel their pain--that they would still be here! Their pain is eased when we bear it with them. The child feels in us, shares its feeling with us, and it is good that it should be so; the pain is thereby ameliorated."
~ Rudolf Steiner**





Ritual

Preparing to say goodbye to the physical body.





Into spirit pastures I will send
The faithful love which here we found
That we might be united soul with soul.
So may you find my thinking ever loving
When from spirit's light filled lands
You, searching, turn your gaze of soul
To see what here in me you seek.

-Rudolf Steiner

Resources

Lecture:

The Dead are Always With us or Living Together with the Dead

by Rudolf Steiner, Nuremberg, Feb. 10 1918

Also available in the book "*Staying Connected: How to Continue Your Relationships with Those Who Have Died*"
selected talks and Meditations by Rudolf Steiner

Poems:

Hopi Elders Speak, **The Elders Oraibi, Arizona Hopi Nation**

Art:

Reaching for Center Sculpture: website: [Perigold](#)

Liane Collot d'Herbois (1907-1999)