

PROACTIVE GRIEVING

The Sacred Gateway as a Bridge

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A VERSE FOR OUR TIME

Rudolf Steiner

We must eradicate from the soul
All fear and terror of what comes towards man out of the future.

We must acquire serenity
In all feelings and sensations about the future.
We must look forward with absolute equanimity
To everything that may come.

And we must think only that whatever comes
Is given to us by a world-directive full of wisdom.

It is part of what we must learn in this age,
namely, to live out of pure trust,
Without any security in existence.

Trust in the ever present help
Of the spiritual world.

Truly, nothing else will do
If our courage is not to fail us.

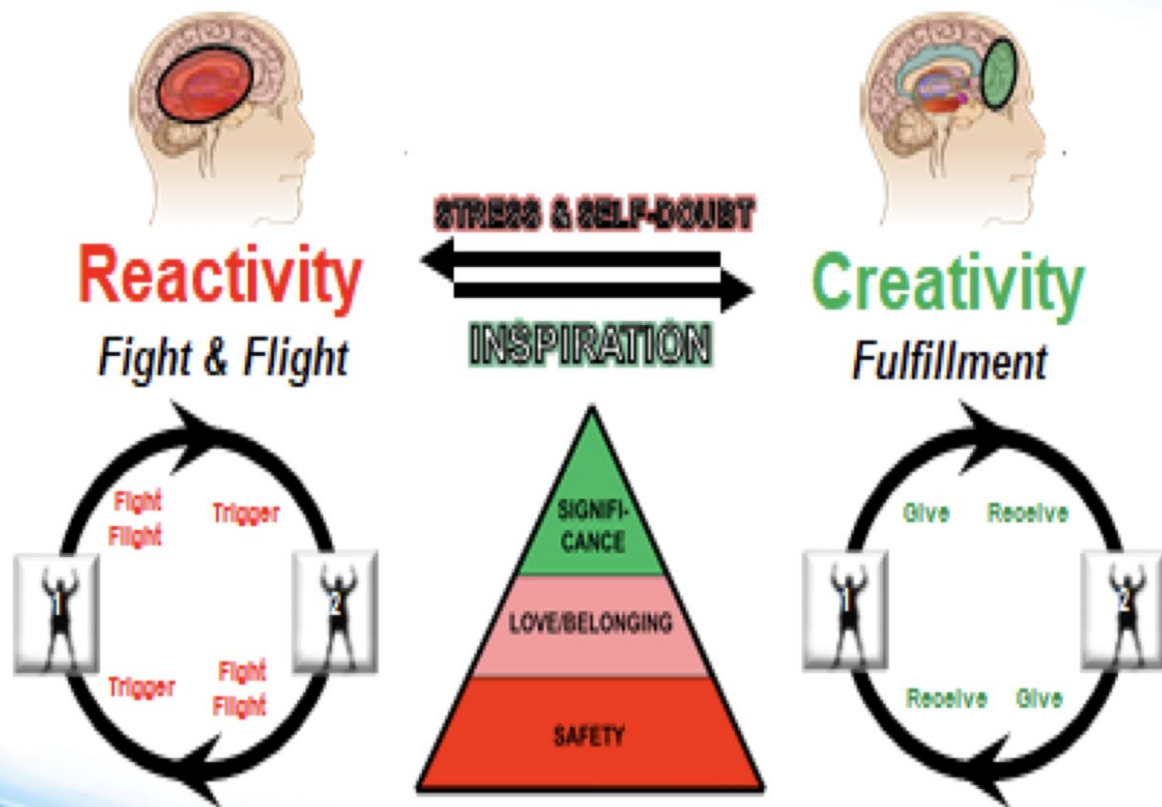
And let us seek the awakening from within ourselves
Every morning and every evening.

-Rudolf Steiner

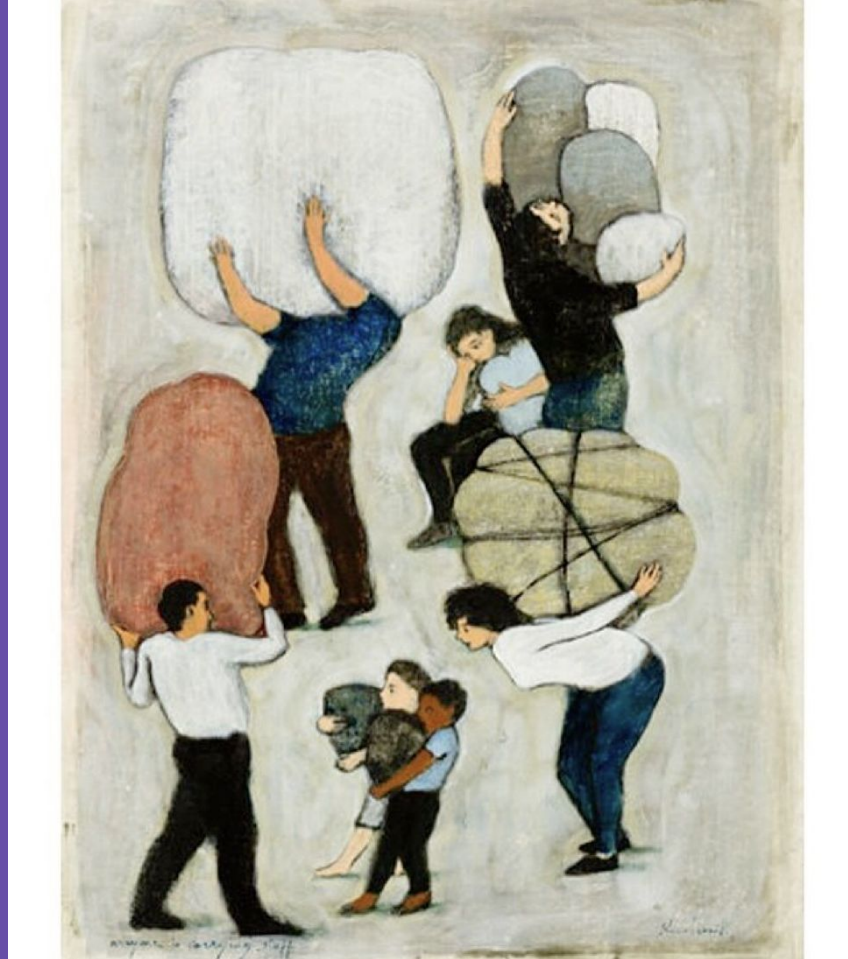


Social Contagion

SuperSmartHealth



Proactive Grieving

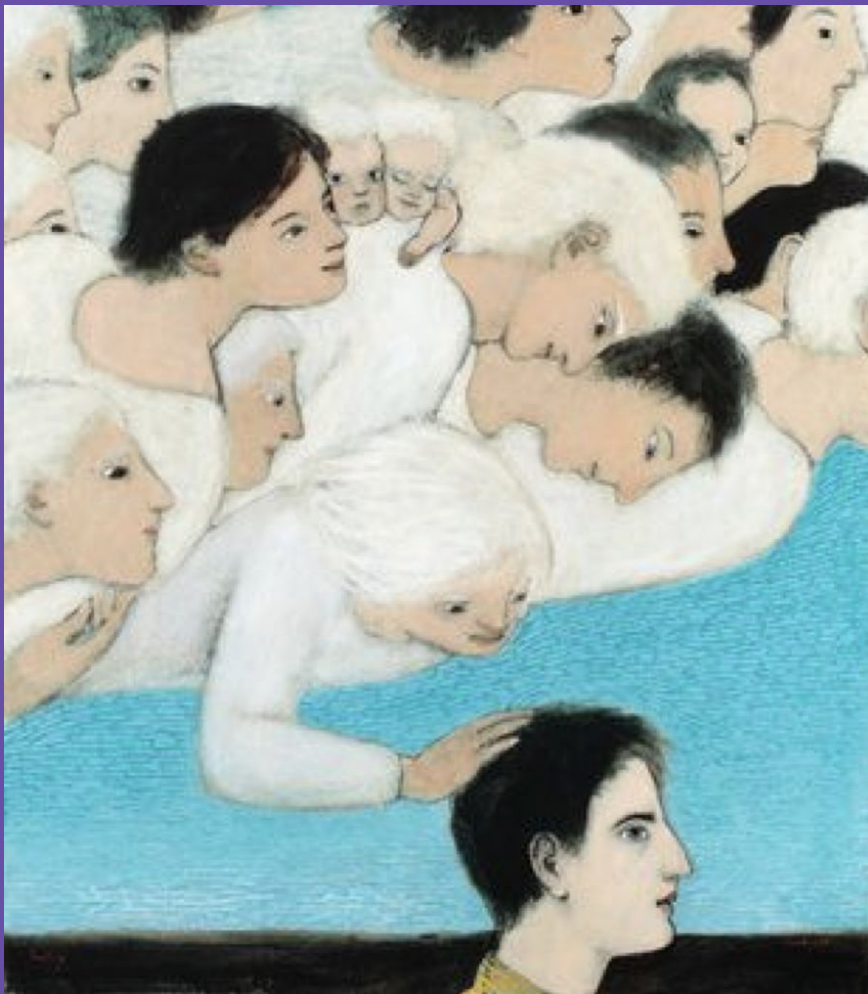


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Peace, my heart, let the time for
the parting be sweet.
Let it not be a death but completeness.
Let love melt into memory and pain
into songs.
Let the flight through the sky end
in the folding of the wings over the
nest.
Let the last touch of your hands be
gentle like the flower of the night.
Stand still, o Beautiful End, for a
moment, and say your last words in
silence.
I bow to you and hold up my lamp
to light you on your way.

Rabindranath Tagore



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Butterflies with Thoreau Quote
Papercutting by Pamela Dalton