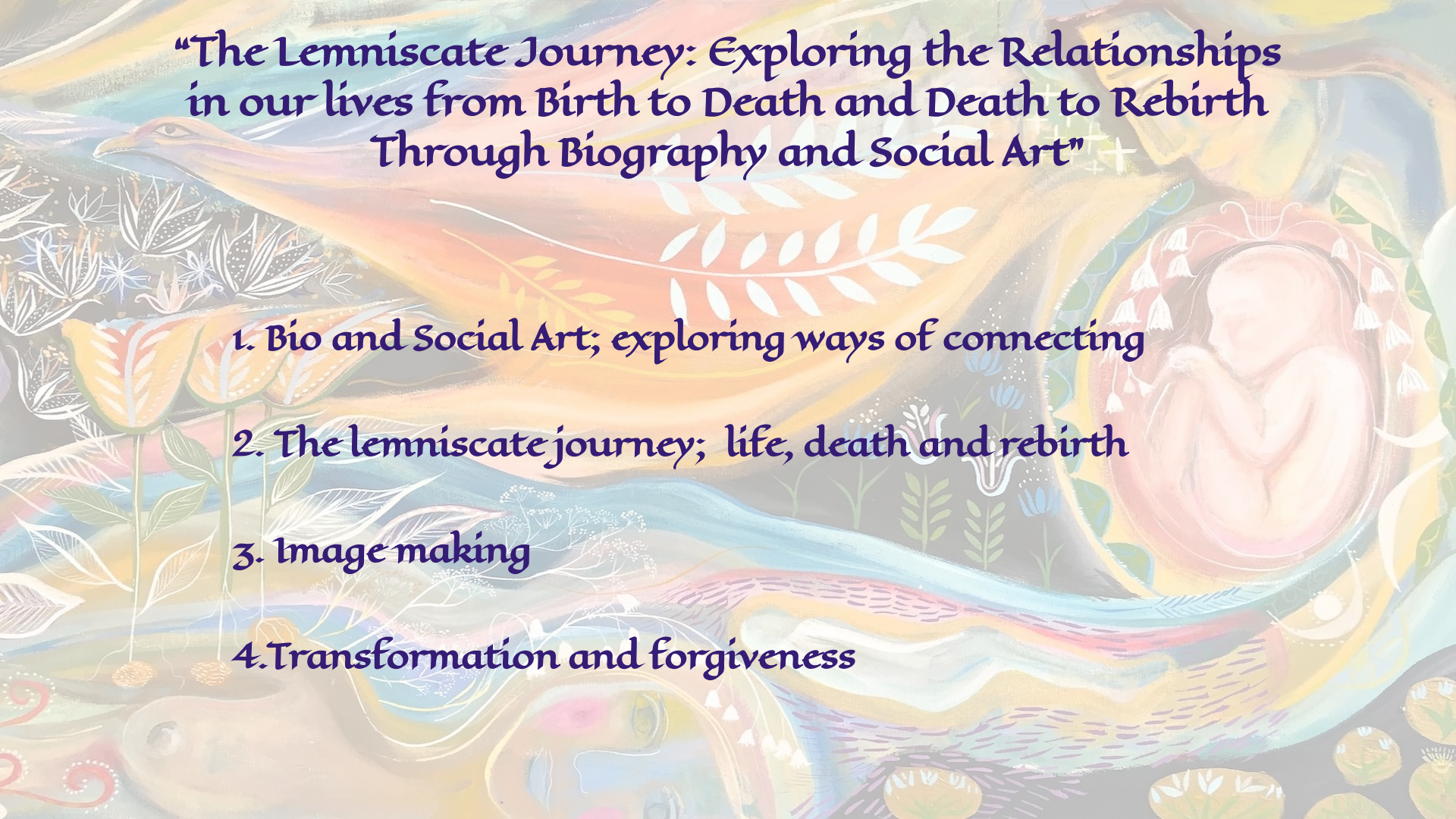




The Great Mystery of Coming & Going *By Elizabeth Porritt Carrington*



"The Lemniscate Journey: Exploring the Relationships in our lives from Birth to Death and Death to Rebirth Through Biography and Social Art"

- 1. Bio and Social Art; exploring ways of connecting**
- 2. The lemniscate journey; life, death and rebirth**
- 3. Image making**
- 4. Transformation and forgiveness**



May love of hearts
ray out to love of
souls.

May warmth of
heart ray out to
Spirit light.

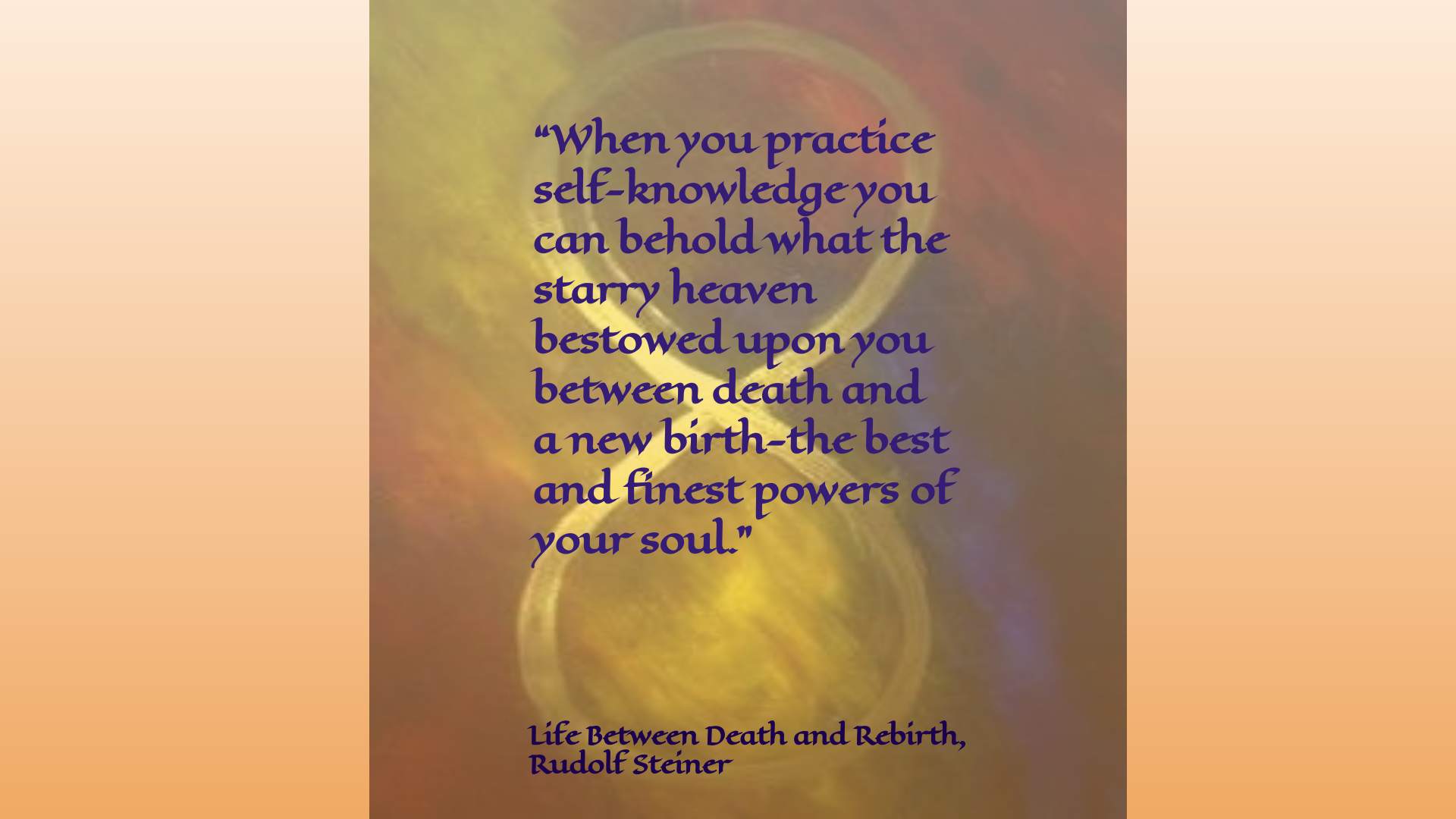
Even so would we
draw near to you,
Thinking with you
thoughts of Spirit,
Feeling with you
the love of worlds,
Consciously at one
with you
Willing in silent
being.

- Rudolf Steiner

"Baptism in the Jordan"
by Ninetta Sombart
1925-2019







“When you practice
self-knowledge you
can behold what the
starry heaven
bestowed upon you
between death and
a new birth-the best
and finest powers of
your soul.”

Life Between Death and Rebirth,
Rudolf Steiner

Social Art Touchstones



- Honoring Confidentiality
- Listening with Respect
- Speaking from our own experience in first person
- Choosing what we share
- Equal sharing time



"Social Art offers us invitations to develop interest, empathy, and ultimately, acts of compassion." -Chris Schaeffer

"Listening provides the soul of the listener the practice of self-overcoming... We dethrone ourselves from the center of our world and put the other there"- Karen Armstrong



“The purpose of earthly
life is to develop
connections and
relationships that can be
continued after death.”

*Staying Connected;
How to Continue Your Relationship with
Those Who Have Died - Rudolf Steiner*

Web of
Destiny



Fiber art by Kathleen Bowen

Making Connections

Life Between
Death and Rebirth

Life Between
Birth and Death



With others across
the threshold when
we are across the
threshold

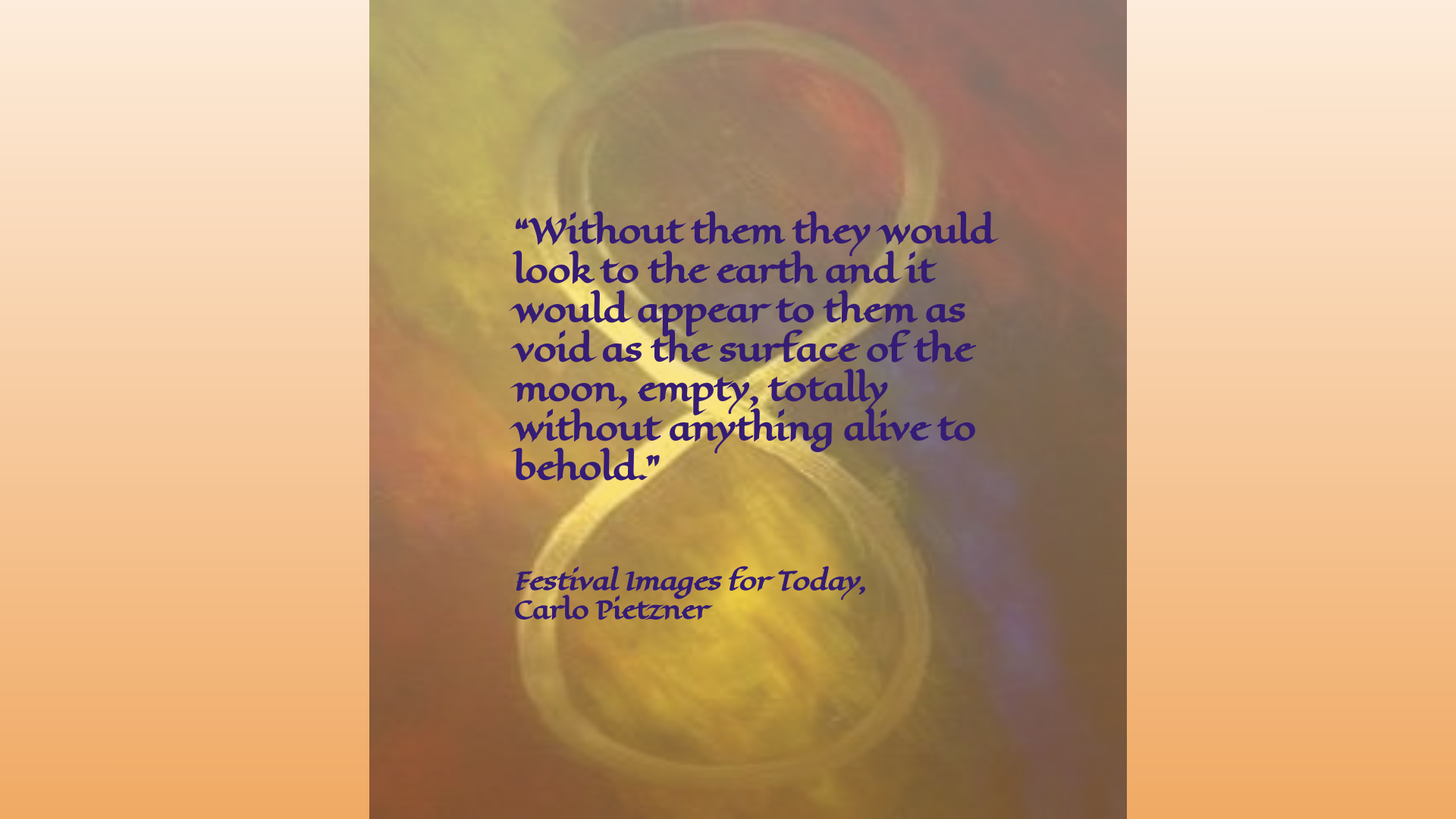
With others across
the threshold while
we are still on earth

With each other
during earthly life

With ourselves -
self-knowledge

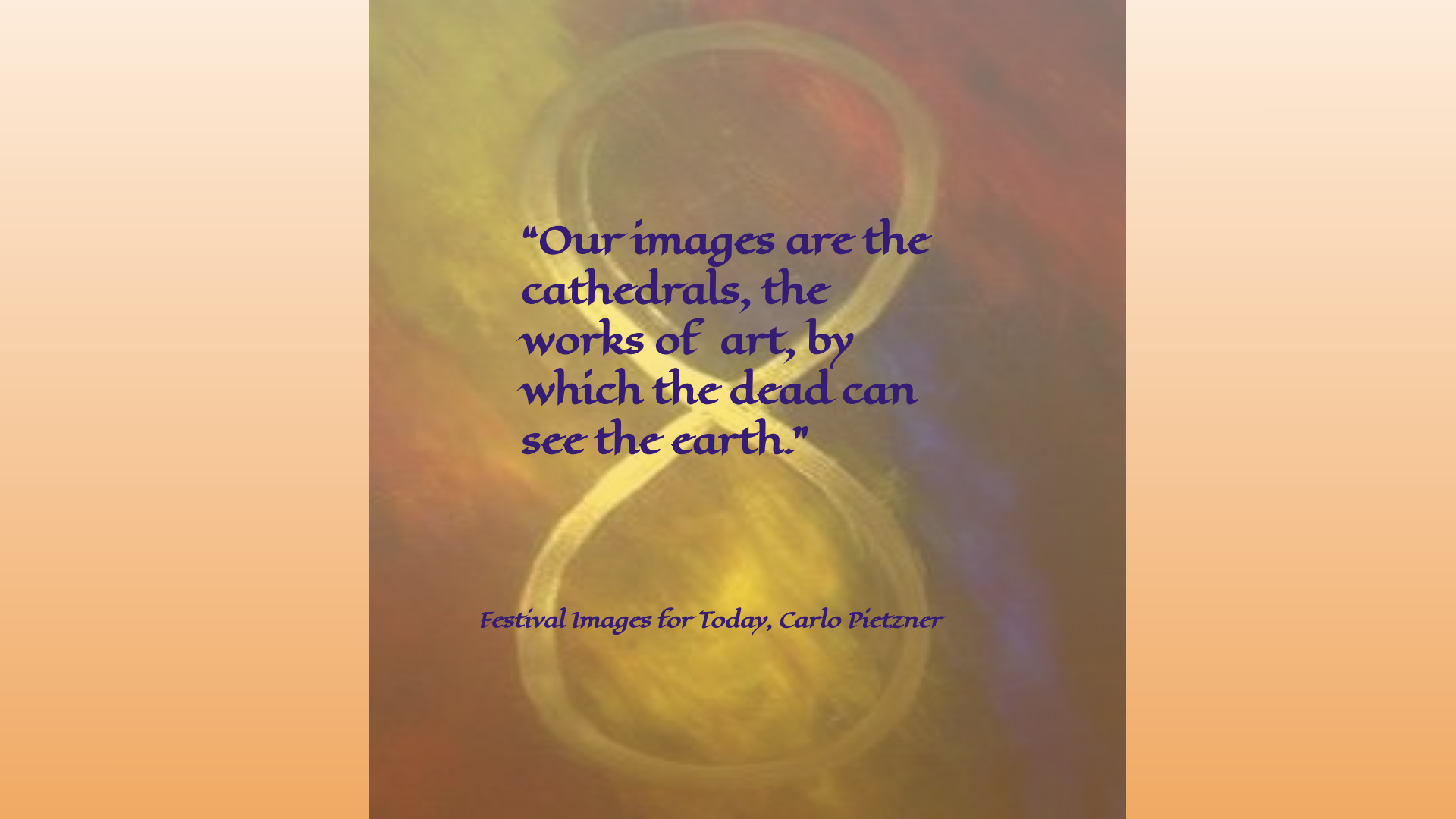
“They (the dead) cannot
“live” without these
images. Images that we
have, the images we make
for ourselves of the dead
on which the dead depend.”
“Without them they would
look to the earth and it
would appear to them as
voids the surface of the
moon, empty, totally
without anything alive to
behold.”

Festival Images for Today, Carlo Pietzner

The background is an abstract composition of warm, earthy tones. It features several large, overlapping circular or oval shapes in shades of yellow, orange, and brown, which appear to be painted or blended together. The overall effect is a textured, painterly quality with a sense of depth and movement.

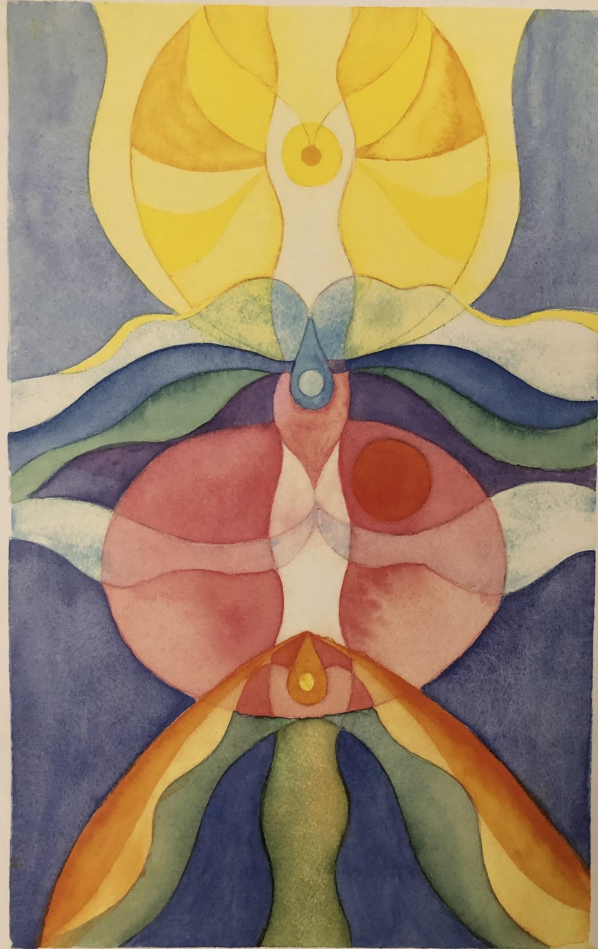
“Without them they would
look to the earth and it
would appear to them as
void as the surface of the
moon, empty, totally
without anything alive to
behold.”

Festival Images for Today,
Carlo Pietzner



“Our images are the
cathedrals, the
works of art, by
which the dead can
see the earth.”

Festival Images for Today, Carlo Pietzner



The Heart Alignment

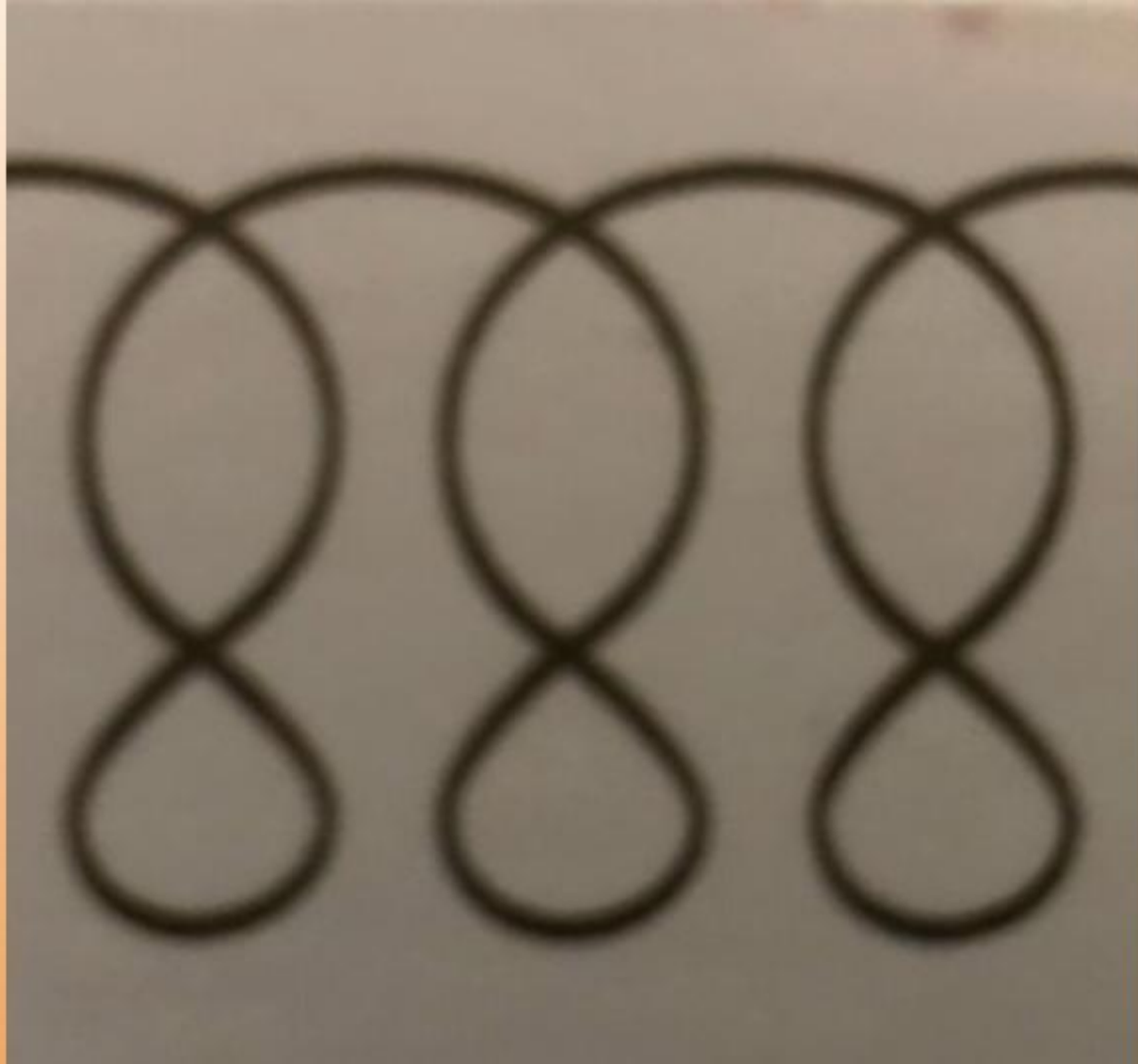
Jo Leeds 2014

“We have to learn image making as a deliberate activity of our souls.”

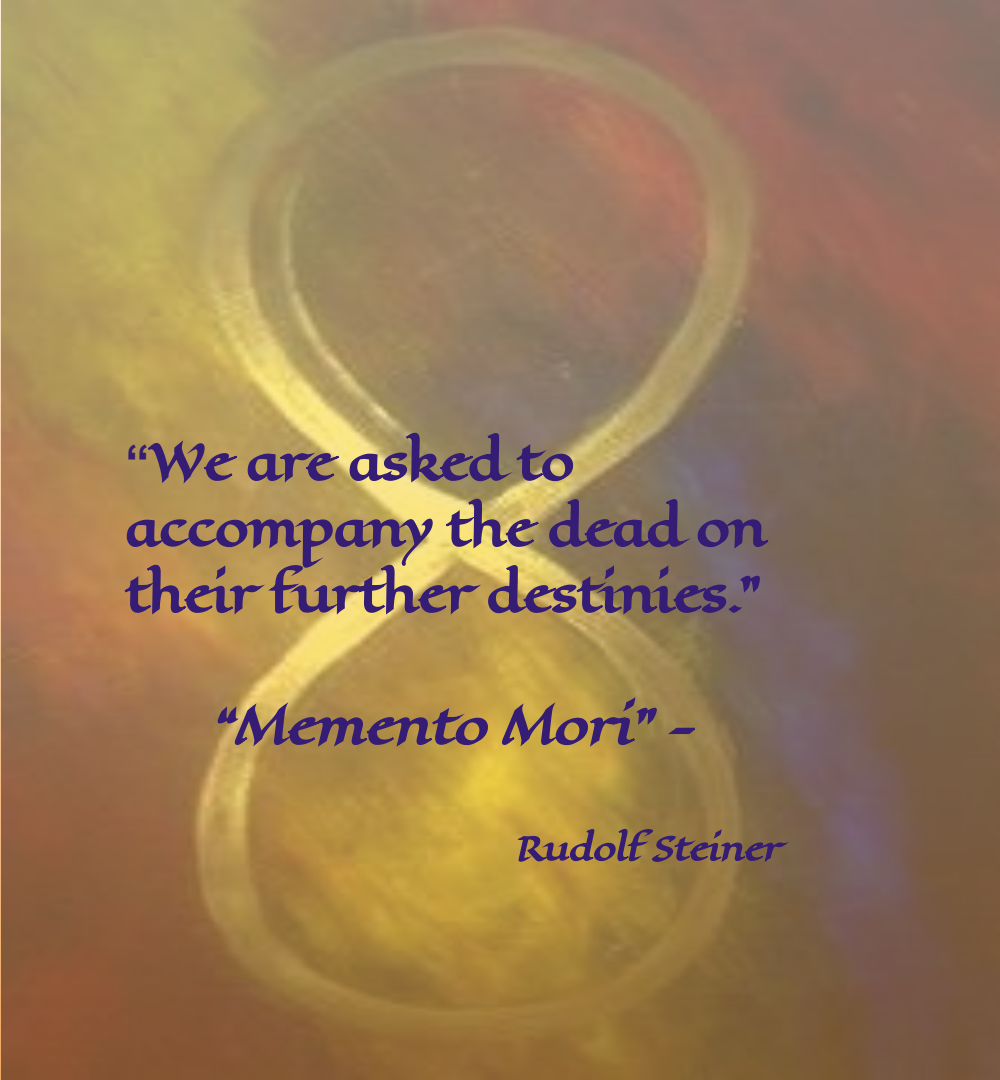
Festival Images for Today, Carlo Pietzner

The Heart Alignment by Jo Leeds

Life
After
Life



Citizens of the Cosmos,
Bereden Jocelyn

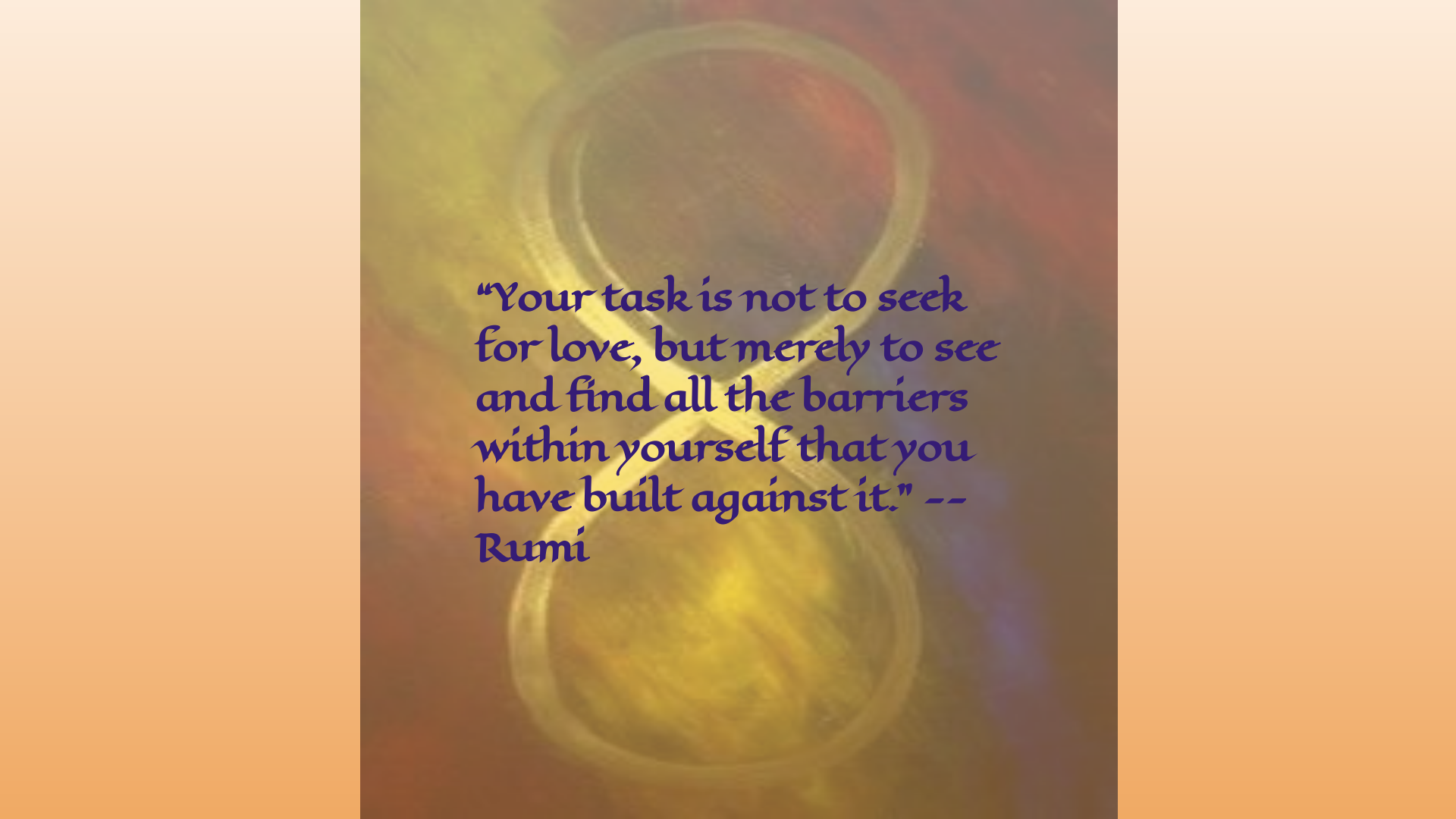


*“We are asked to
accompany the dead on
their further destinies.”*

“Memento Mori” -

Rudolf Steiner





“Your task is not to seek
for love, but merely to see
and find all the barriers
within yourself that you
have built against it.” --
Rumi



Community (in Orange) by Iris Sullivan

"Baptism in the Jordan"
by Ninetta Sombart
1925-2019



May love of hearts
ray out to love of
souls.

May warmth of
heart ray out to
Spirit light.

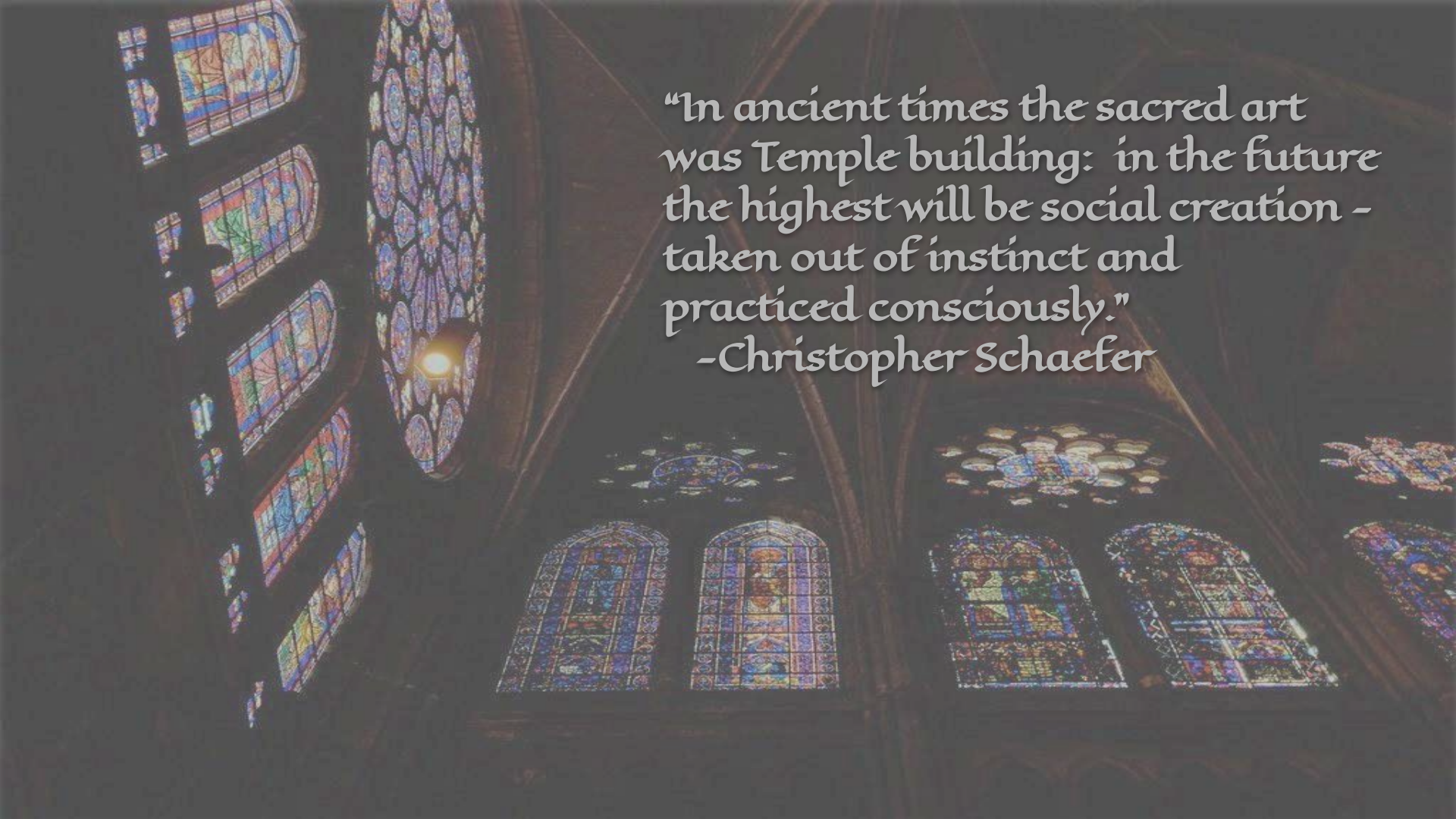
Even so would we
draw near to you,
Thinking with you
thoughts of Spirit,
Feeling with you
the love of worlds,
Consciously at one
with you
Willing in silent
being.

- Rudolf Steiner

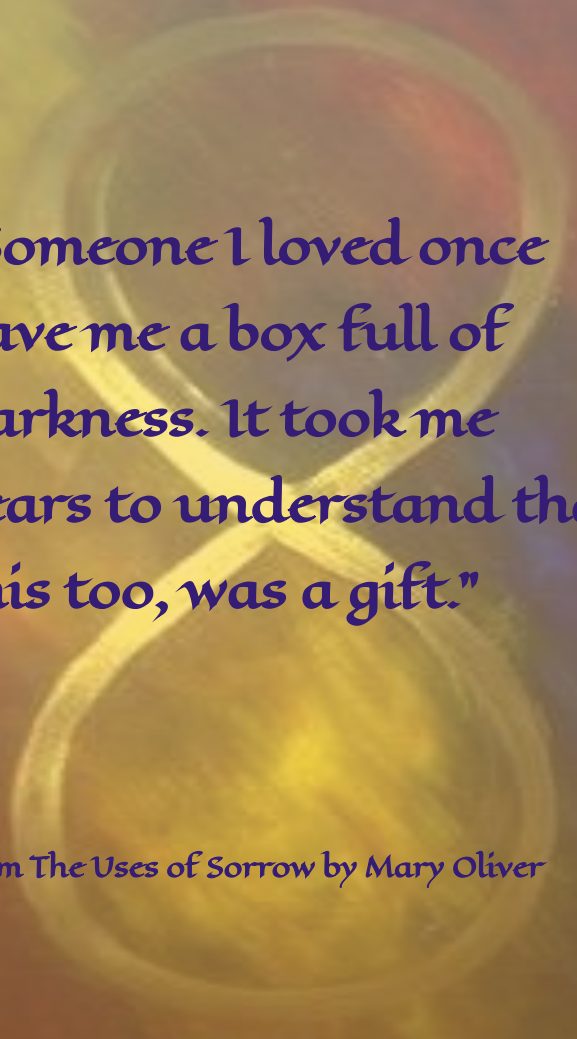
Social Art Touchstones

The background is a complex, layered painting. At the top left, a bird with a long, thin beak and a pinkish-orange body is depicted in profile. Below it, a large, stylized flower with yellow and orange petals and green leaves is visible. In the center, there's a large, flowing, orange and yellow shape that resembles a ribbon or a piece of fabric. To the right, a fetus is shown in a curled position, surrounded by a pink and red circular frame with white tassels. The bottom of the image features various organic shapes, including what looks like a small pond with a fish, and several green, leafy plants. The overall color palette is warm, with a lot of yellows, oranges, pinks, and greens, and the style is soft and painterly.

- Honoring Confidentiality
- Listening with Respect
- Speaking from our own experience in first person
- Choosing what we share
- Equal sharing time

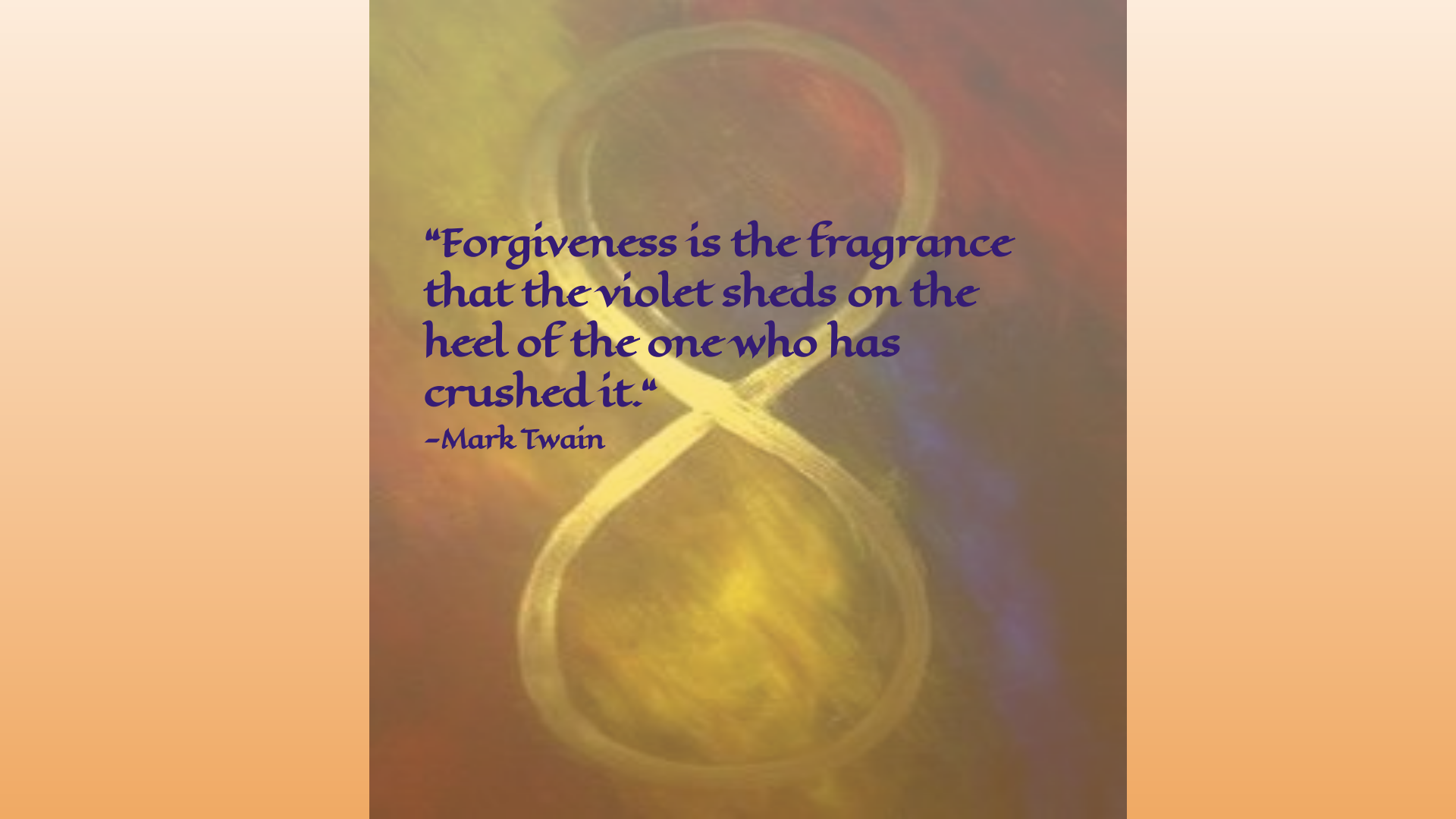


*"In ancient times the sacred art
was Temple building: in the future
the highest will be social creation -
taken out of instinct and
practiced consciously."
-Christopher Schaefer*



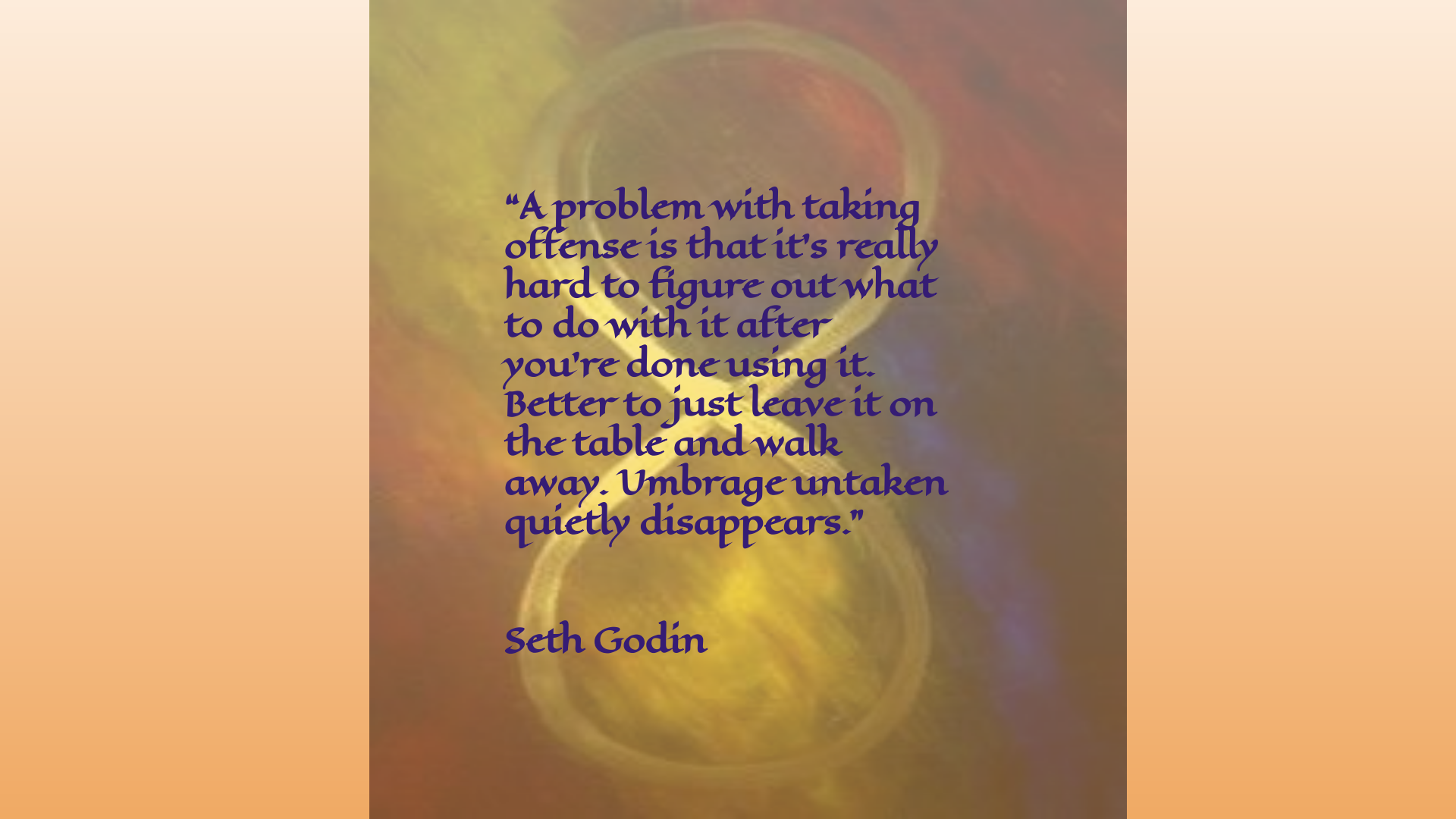
*“Someone I loved once
gave me a box full of
darkness. It took me
years to understand that
this too, was a gift.”*

from The Uses of Sorrow by Mary Oliver




“Forgiveness is the fragrance
that the violet sheds on the
heel of the one who has
crushed it.”

-Mark Twain



“A problem with taking offense is that it’s really hard to figure out what to do with it after you’re done using it. Better to just leave it on the table and walk away. Umbrage untaken quietly disappears.”

Seth Godín



“Forgiveness is not
an occasional act.
It is a permanent
attitude.”

Martin luther King



Forgiveness is an out-breath
Sand sifting through my hands
A giving way, a passing through
Relaxing a weary stance.

I am less. And more myself
Without that thing I've held
As if my life and it were one
And it made me who I am.

Forgiveness is an out-breath
Sand slipping through my hands
A step aside, a passing by
Laying down a weary stance.

I gave it back so easily
To that from which it came
In just one gentle shift of mind
As if I'd never blamed.

Forgiveness is an out breath
A sigh across the sands
A step aside, a passing by
Uplifted, open hands.
--Marca-Maria Boggiano



Faithfulness

“Struggle again and again for the true picture that you saw. The struggle itself is your faithfulness. And in those efforts to be faithful and to trust, a human being will come close to another as if with an angel’s power of protection.” - Rudolf Steiner



The Great Mystery of Coming & Going

By Elizabeth Porritt Carrington



