



**'May Human Beings Hear It':
An Online
Holy Nights Gathering
2019-2020**



Welcome

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

**1st Holy Night:
Tuesday 24 December 2019**

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

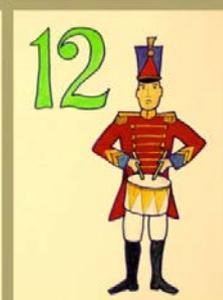
So that we may truthfully say at all times: We must really be ashamed, if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

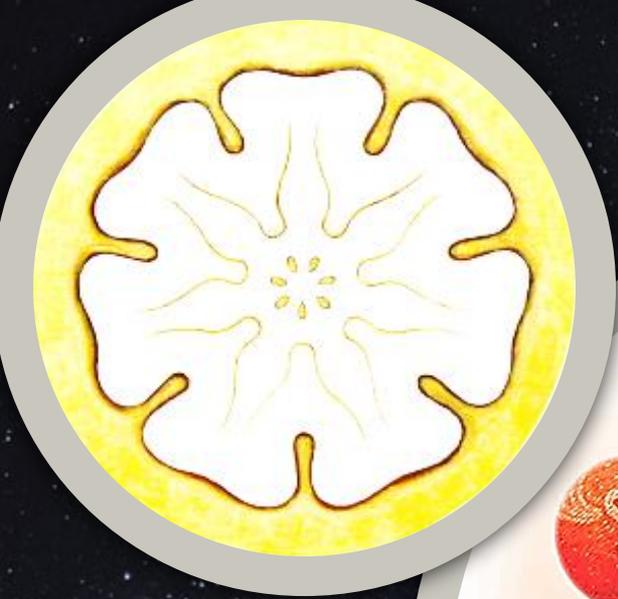
~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





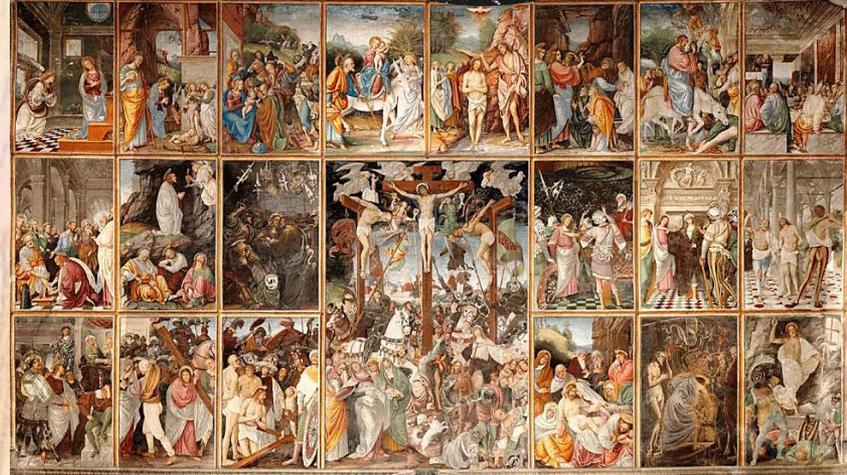
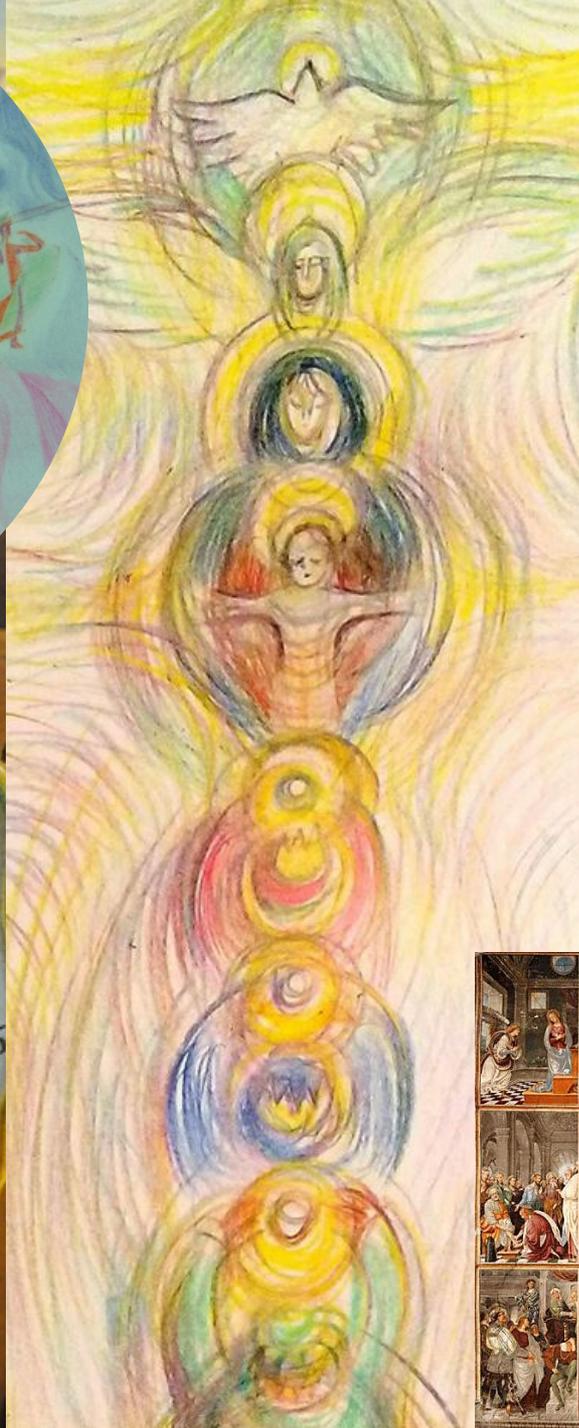
 1	 2	 3	 4
 5	 6	 7	 8
 9	 10	 11	 12

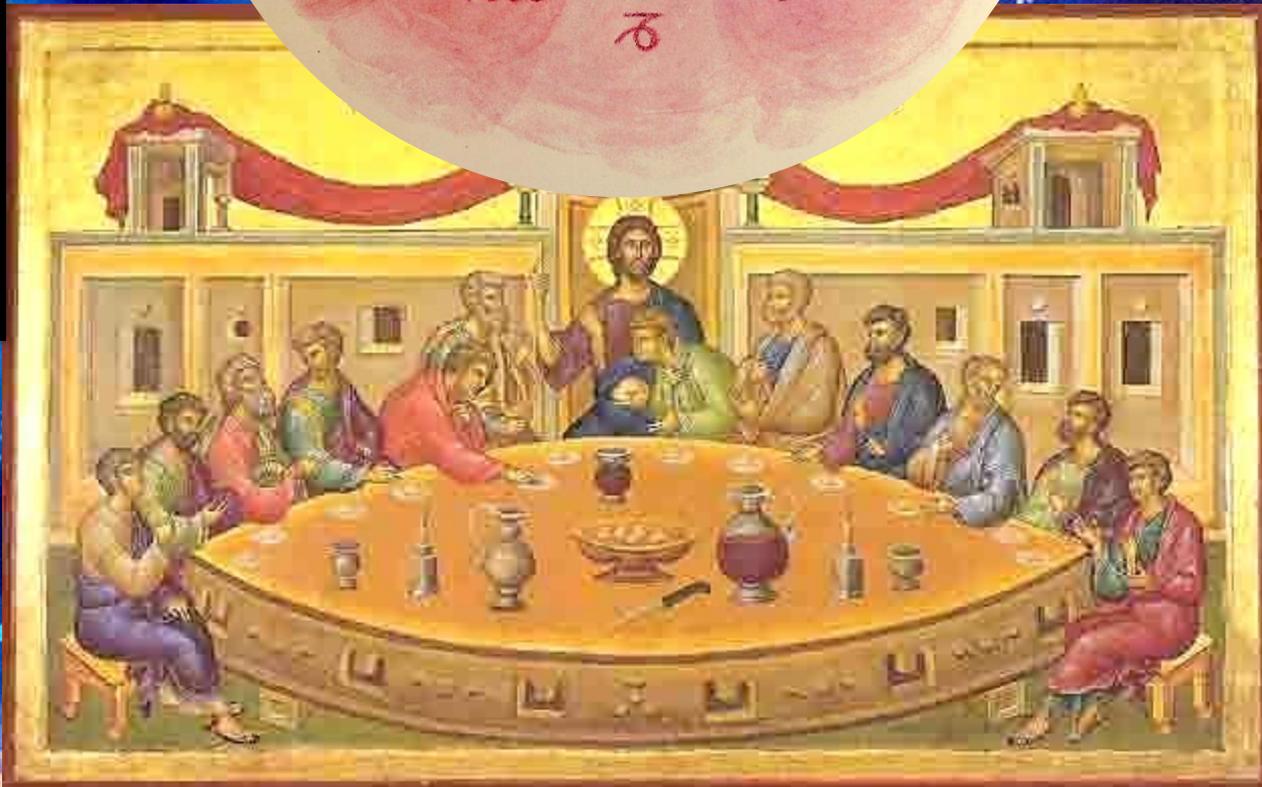
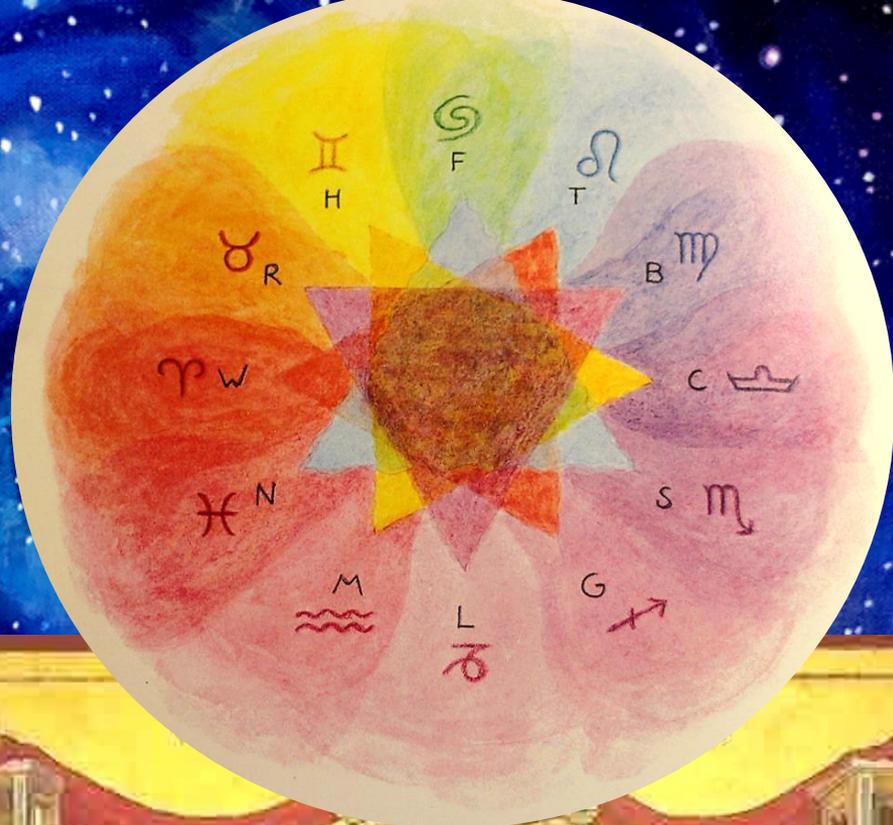
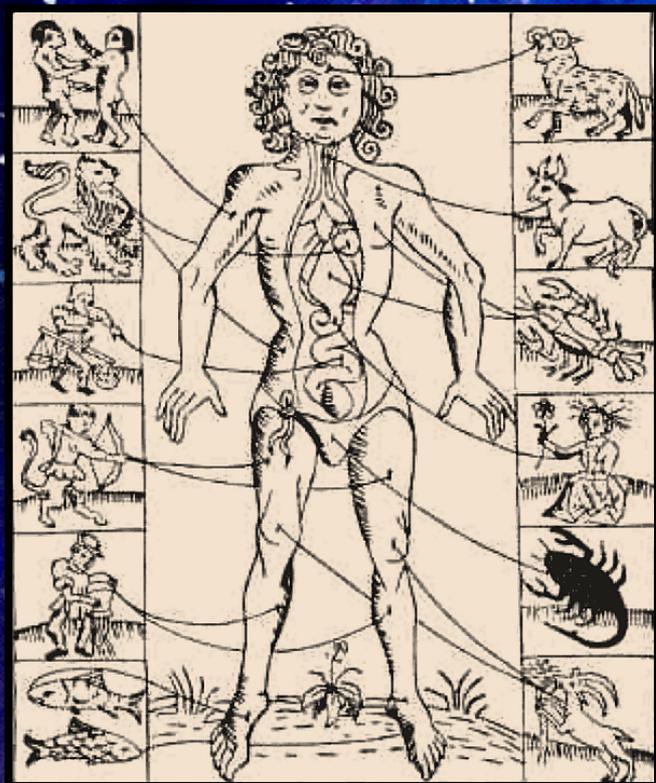












1st Holy Night:
Tuesday 24 December 2019
Christmas Eve
Adam & Eve's Day

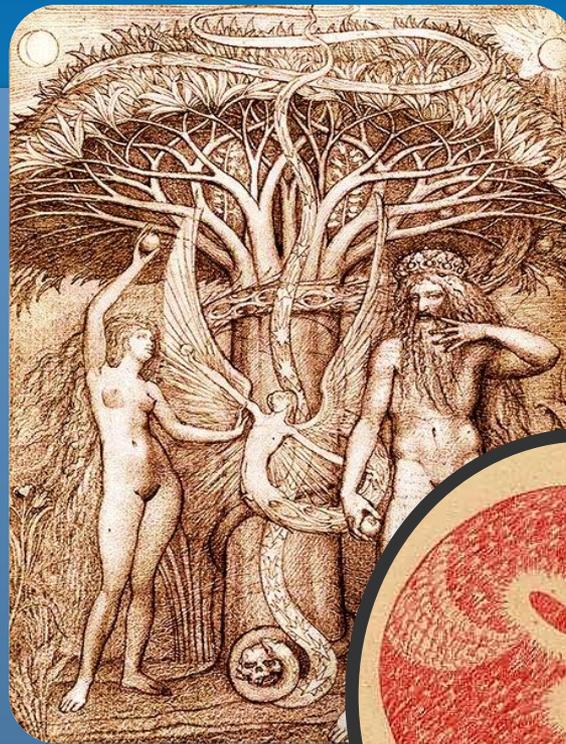
Constellation of Pisces
The 2 Fishes (ruling the feet)

The Sphere of the Human Being

Virtue: Magnanimity Becomes Love

Eurythmy Sound: 'N'

Musical Keys: B flat Major / A minor



A Goethean Conversation with:
Laura, Angela, Hazel





THE CHRISTMAS CONFERENCE

FOR THE FOUNDATION OF THE
GENERAL ANTHROPOSOPHICAL
SOCIETY
1923/1924

1
Uebe Geist-Erinnerung
 Denn es waltet der Vater Geist der Kisten
 In den Welken-Tropfen Sein originär

2
Uebe Geist-Besinnen
 Denn es waltet der Christus, will im Wokken
 In den Welkenzyklon Selen-begrabenet.

3
Uebe Geist-Entfalten
 Denn es waltet der 3. eisten Weltgedanken
 In Welkenwachen Licht-erlehenet.

(Königsberg)
 28. XII 23

RUDOLF STEINER
 FOREWORD & CONCLUSION BY MARIE STEINER



The Rhythms of the Foundation Stone Meditation

You will find, my dear friends, that if you pay attention to the inner rhythms that lie in these verses, if you then present these inner rhythms to your soul and perform a suitable meditation within yourself, allowing your thoughts to come to rest upon them, then these sayings can be felt to be the speaking of cosmic secrets in so far as these cosmic secrets are resurrected in the human soul and human self knowledge.

~Rudolf Steiner, Dec. 27, 1923

Tuesday

Du lebest in den Gliedern
Denn es waltet der Vatergeist der Höhen
In den Weltentiefen Sein-erzeugend

Du lebest in dem Herzens-Lungenschlage
Denn es waltet der Chr. Wille im Umkreis
In den Weltenrhythmen seelenbegrüßend

Du lebest im ruhenden Haupte
Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht erflehend

Du lebest in den Gliedern
Denn es waltet der Vatergeist der Höhen
In den Weltentiefen Sein-erzeugend

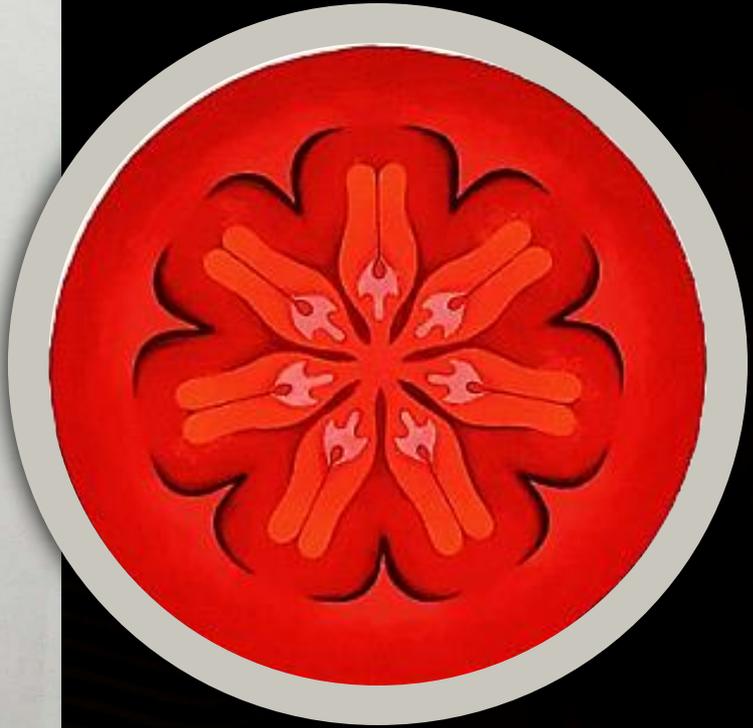
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Du lebest im ruhenden Haupte
Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht erflehend

You live in the limbs
For the Father spirit of the heights holds
sway
engendering existence in depths of
worlds

You live within the beat of heart and lung
For the will of Christ holds sway to
all horizons
bestowing grace on souls in rhythms
of worlds

You live within the resting head
For the spirit's universal thoughts hold sway,
beseeching light in being of worlds





My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

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Welcome



Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg



**Merry
Christmas!**

**2nd Holy Night:
Wednesday 25 December 2019**

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times:
We must really be ashamed,
if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





2nd Holy Night:
Wednesday 25 December 2019
Christmas Day
The Birth of the Luke Jesus

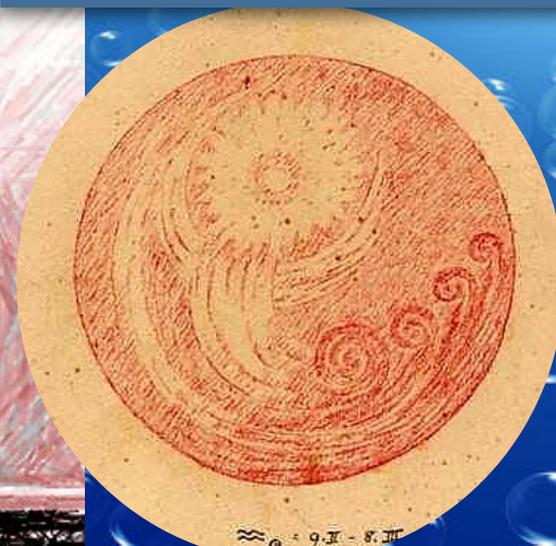
Constellation of Aquarius,
The Water Bearer
Ruling the calves, & ankles

The Sphere of the Angeloi
also called 'Sons of Life' or 'Sons of Twilight'

Virtue: Discretion becomes the power
of meditation

Eurythmy Sound: 'M'

Musical Keys: E flat Major / E minor



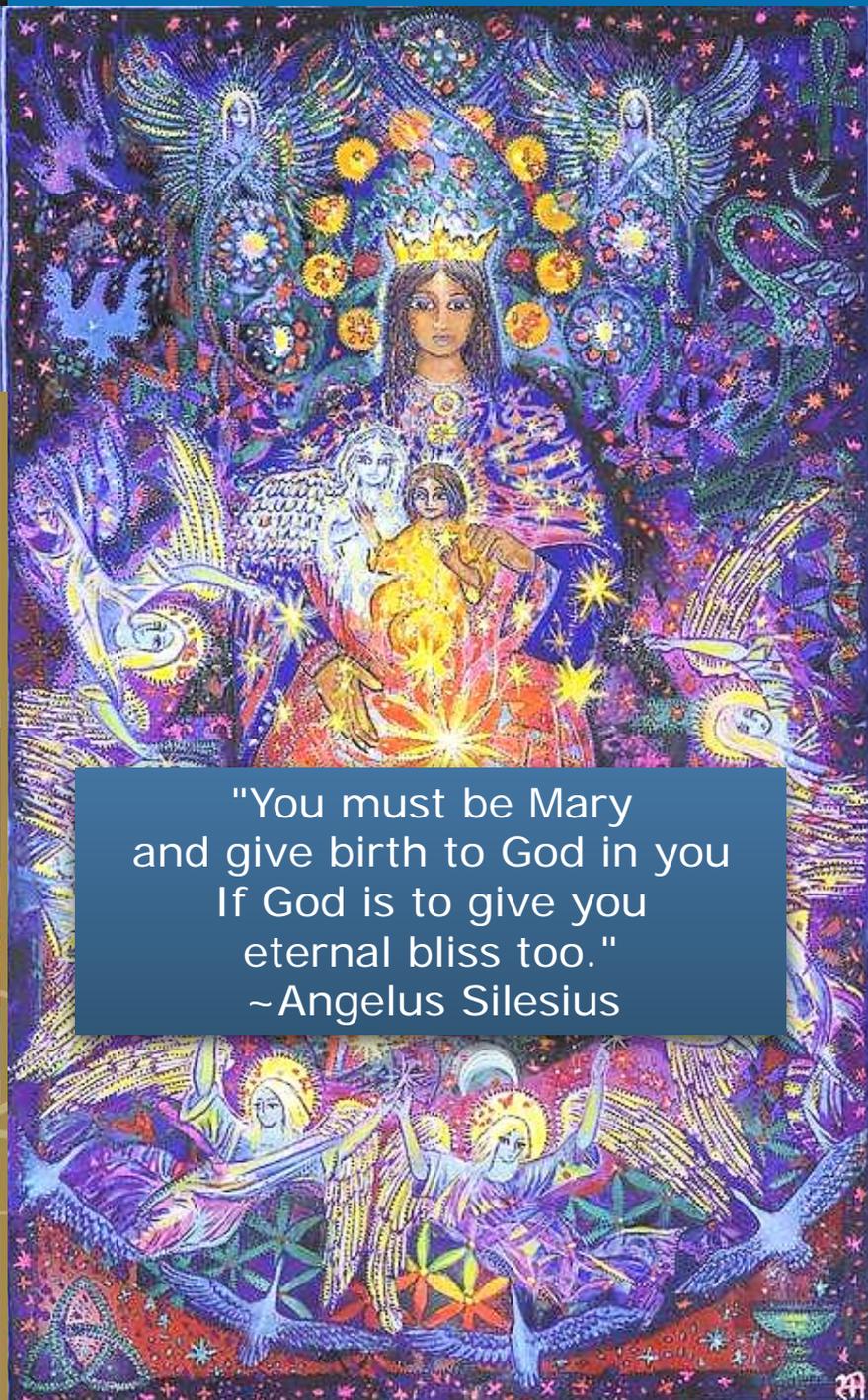
Hosted by:
The Sophia
Holding Group

GRANDE SEMPER USQUE BETHLEHEM ET AD EMORIS VERBUM QDOD FACIUM EST QDOD PEDI DOMINUS



**"The Christmas mystery must be found anew.
We must become as devout with Nature
as the shepherds were devout in their hearts.
We must become as wise in our inner intuition
as the Magi had become in their observation of
planets and stars in space and time."**

~Rudolf Steiner, The Search for the New Isis



"You must be Mary and give birth to God in you
If God is to give you eternal bliss too."
~Angelus Silesius



The Rhythms of the Foundation Stone Meditation

You will find, my dear friends, that if you pay attention to the inner rhythms that lie in these verses, if you then present these inner rhythms to your soul and perform a suitable meditation within yourself, allowing your thoughts to come to rest upon them, then these sayings can be felt to be the speaking of cosmic secrets in so far as these cosmic secrets are resurrected in the human soul and human self knowledge.

~Rudolf Steiner, Dec. 27, 1923

A suggestion by Rudolf Steiner can be helpful in this endeavor:

And we find the right way in to such verses that have been heard out of the world Word when we inwardly organize them in our own souls in such a way that they cannot leave us again. And we will be able to thus organize them by first lifting what the rhythm can give us out of what has resounded in this way. I will first write up for you here, my dear friends, a part of what the rhythm can give.^{13}*

That is the key: to organize^{13*} them in our own souls in such a way that they cannot leave us again. This is why it best to learn the seven rhythms by heart.

Because these seven meditative verses belong to the exercises which Dr Wegman was also intended to meditate on, they are reproduced here.



PART 4: THE CHRISTMAS FOUNDATION MEETING

Geist-Erinnen
○
Das eigne Ich
In Gottes-Ich
Erweset -

Geist-Besinnen
○
Das eigne Ich
Dem Welten-Ich
Vereinen -

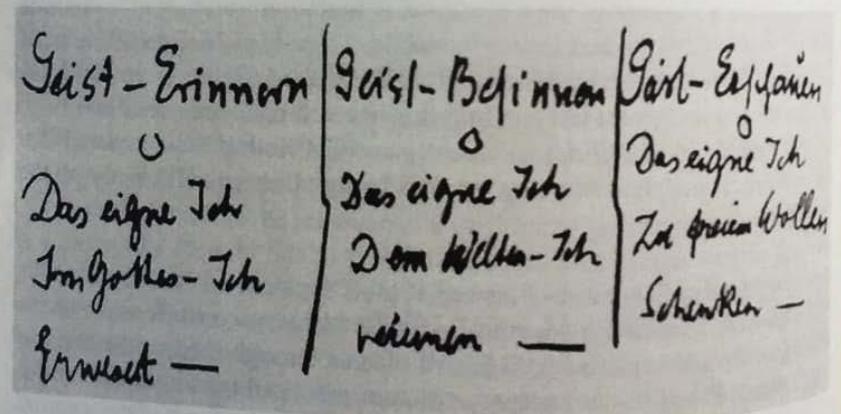
Geist-Erschauen
○
Das eigne Ich
Zu freiem Wollen
Schenken -

Spirit remembering
○
Our own I
Gains being
Within the I of God -

Spirit awareness
○
Our own I
Unite
With I of worlds -

Spirit beholding
○
Our own I
Bestow
For will in freedom -

Wednesday



^{13*} Translator's note: The word Steiner uses is 'gliedern' (structure, organize), but E.Z. suggests here that the word could be read as 'gliedern' (structure, organize), but E.Z. suggests read: 'to inwardly organize them in our own souls in such a way that they cannot leave us again'.



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

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2019-2020**

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

WELCOME

**3rd Holy Night:
Thursday 26 December 2019**



Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times:
We must really be ashamed,
if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



3rd Holy Night: Thursday 26 December 2019

Solar Eclipse, Feast of St. Steven, Kwanzaa, Boxing Day

Constellation of Capricorn

The Sea-goat

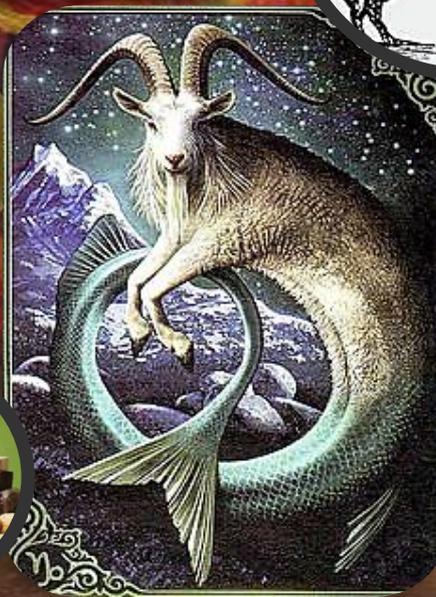
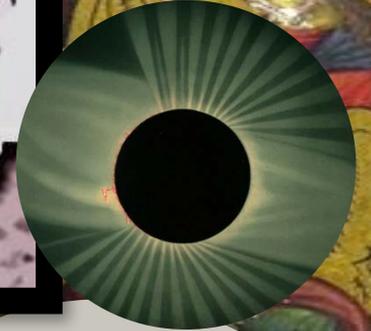
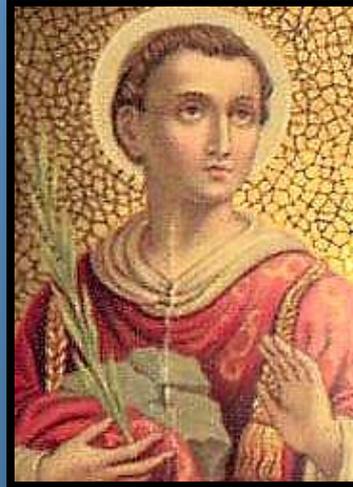
Ruling the knees & bones

The Sphere of the Archangel, or Fire-Spirits

Virtue: Courage becomes
the power of redemption

Eurythmy Sound: 'L'

Musical Keys: A flat Major / B minor



Hosted by:
The Rudolf Steiner Branch,
Chicago

CHAOS & THE COEL COETH INCANTATION

~Written by **Hazel Archer-Ginsberg**

Eurythmy: Johanna Rohde, Deborah Rogers, Mary Spalding

Voices: Members of the Rudolf Steiner Branch Chicago



Thursday

Das eigne Ich
Im Gottes Ich
erweset

Das eigne Ich
Dem Welten Ich
Vereinen

Dem eignen Ich
Zu freiem Wollen
schenken

Leben

fühlen

denken

Menschen-Welten Wesen

Menschen Seelen Wirken

Menschen Geistes Gründen



190

Das eigne Ich
Im Gottes Ich
erweset
leben
Menschen-Welten Wesen

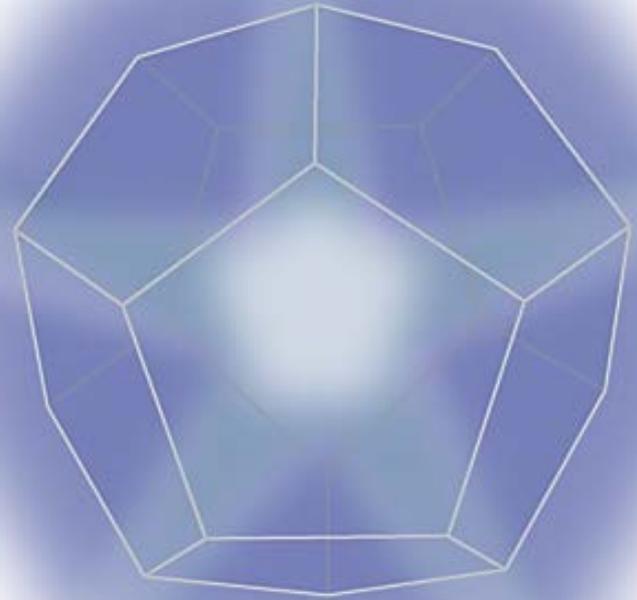
Das eigne Ich
Dem Welten Ich
Vereinen
fühlen
Menschen Seelen Wirken

Dem eignen Ich
Zu freiem Wollen
schenken
denken
Menschen Geistes Gründen

Our own I
Gains being
Within the I of God
Live
Human universal being

Our own I
Unite
With I of worlds
Feel
Human working of the soul

Our own I
Bestow
For will in freedom
Think
Human grounds of spirit



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

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Welcome



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4th Holy Night:
Friday 27 December 2019

Love

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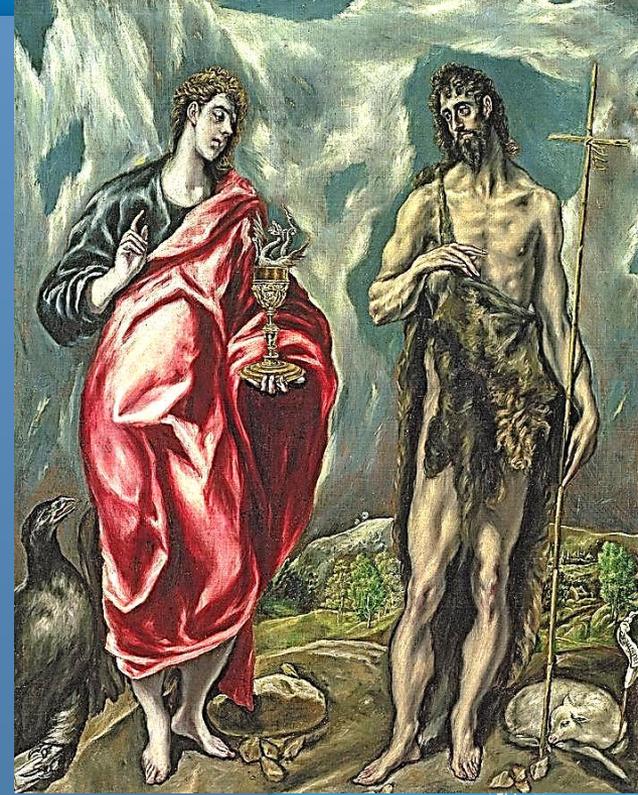
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So that we may truthfully say at all times: We must really be ashamed, if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



4th Holy Night:
Friday 27 December 2019
Feast of St. John

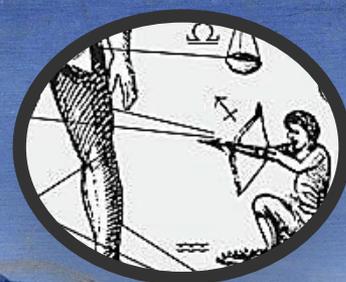
Constellation of Sagittarius (Archer)
Ruling the hips & thighs

The Sphere of the Archai,
Principalities, Spirits of Personality

Virtue: Control of speech and thinking becomes
a feeling for the truth.

Eurythmy Sounds: 'G' and 'K'

Musical Keys: C sharp Major/F sharp minor



Hosted by:
Mary Stewart Adams



The 3-Fold Mystery of Birth
During the Holy Nights
& Its Relation to the Cycle of the Year.

Mary Stewart Adams



1

Uebe Geist-Erinnern

*Denn es waltet der Vater Geist der Höhen
In den Welten-Tiefen Sein erzeugend*

2

Uebe Geist-Besinnen

*Denn es waltet der Christus-Wille im Umkreis
In den Weltenrhythmen Seelen-begnadend*

3

Uebe Geist-Erschauen

*Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht-erflehend*

1

Practice spirit remembering

*For the Father spirit of the heights holds sway
engendering existence in depths of worlds*

2

Practice spirit awareness

*For the will of Christ holds sway to all horizons
bestowing grace on souls in rhythms of worlds*

3

Practice spirit beholding

*For the spirit's universal thoughts hold sway,
beseeching light in being of worlds*

Friday

1

Uebe Geist-Erinnern

*Denn es waltet der Vater Geist der Höhen
In den Welten-Tiefen Sein erzeugend.*

2

*Uebe Geist-Besinnen
Denn es waltet der Christus-Wille im Umkreis
In den Weltenrhythmen Seelen-begnadend.*

*Uebe Geist-Erschauen
Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht-erflehend.*





My dear friends, hear it as it resounds in your own hearts.
Then will you find here a true community of human beings for
Anthroposophia; and then will you carry the spirit that rules in
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love out into the world wherever it should give of its light and
of its warmth for the progress of human souls, for the progress
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An Online Holy Nights Gathering
2019-2020**

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

**5th Holy Night:
Saturday 28 December 2019**

Welcome



Love

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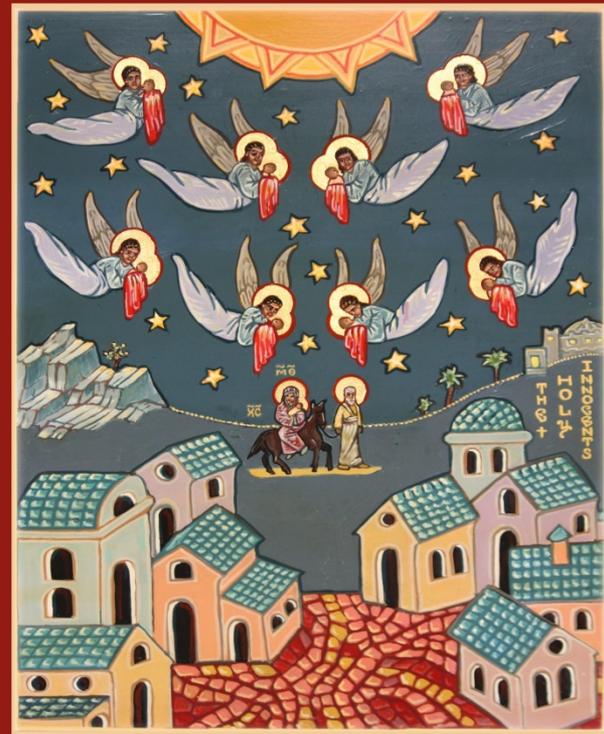
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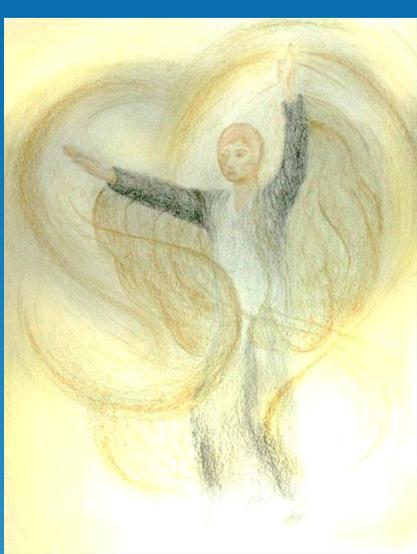
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~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





5th Holy Night:
Saturday 28 December 2019
 Feast of The Holy Innocents

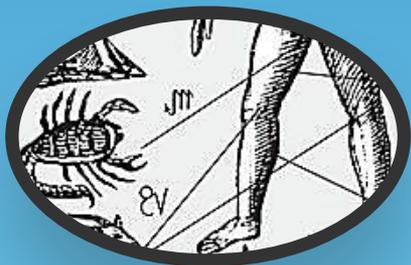
Constellation of Scorpio Scorpi
 Eagle/Dove
 Ruling the genitals

The Sphere of the Exusiai,
 the 'Elohim', Spirits of Form, Powers

Virtue: Patience becomes understanding

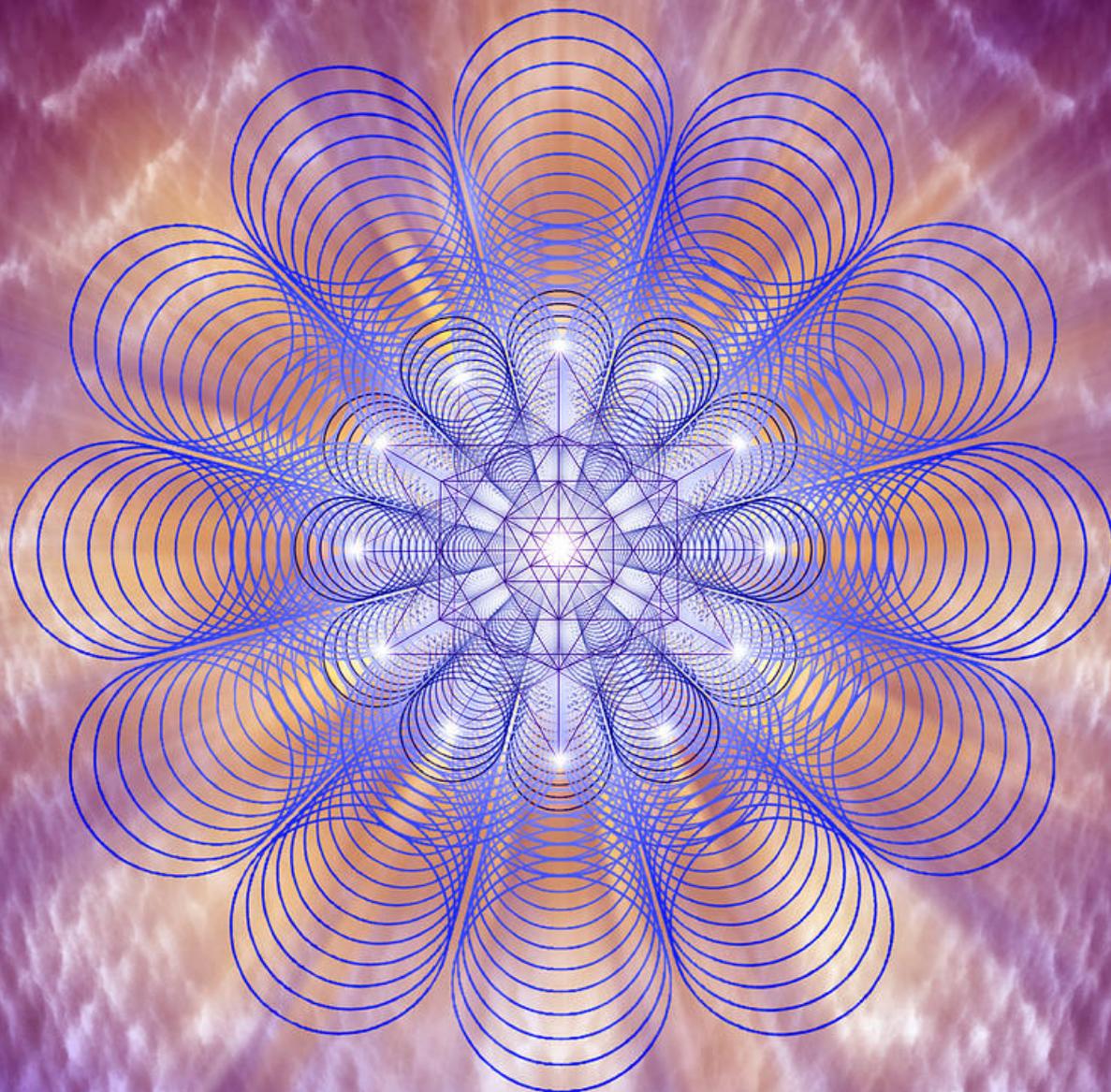
Eurythmy Sound: 'S'

Musical Keys: F sharp Major/C sharp minor



Hosted by:
 The Dallas Maitreya Branch

The Dallas
Maitreya
Branch



The
Maitreya Montage

ES
more
17

Saturday



Uebe Geist-Erinnern S. Ch. T. Lasset aus den Höhen erklingen Was in den Tiefen das Echo findet	Uebe Geist-Besinnen K. D. Ex. Lasset vom Osten Was durch den Westen sich gestaltet	Uebe Geist-Erschauen A. AA. Ang. Lasset aus den Tiefen Erbitten Was in den Höhen Erhöret wird.
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Uebe Geist-Erinnern
S. Ch. T.

Lasset aus den Höhen
Erklingen
Was in den Tiefen das
Echo findet

Uebe Geist-Besinnen
K.D. Ex.

Lasset vom Osten
Befeuern
Was durch den Westen
Sich gestaltet

Uebe Geist-Erschauen
A. AA. Ang.

Lasset aus den Tiefen
Erbitten
Was in den Höhen
Erhöret wird.

Practice spirit remembering
S. Ch. Th.

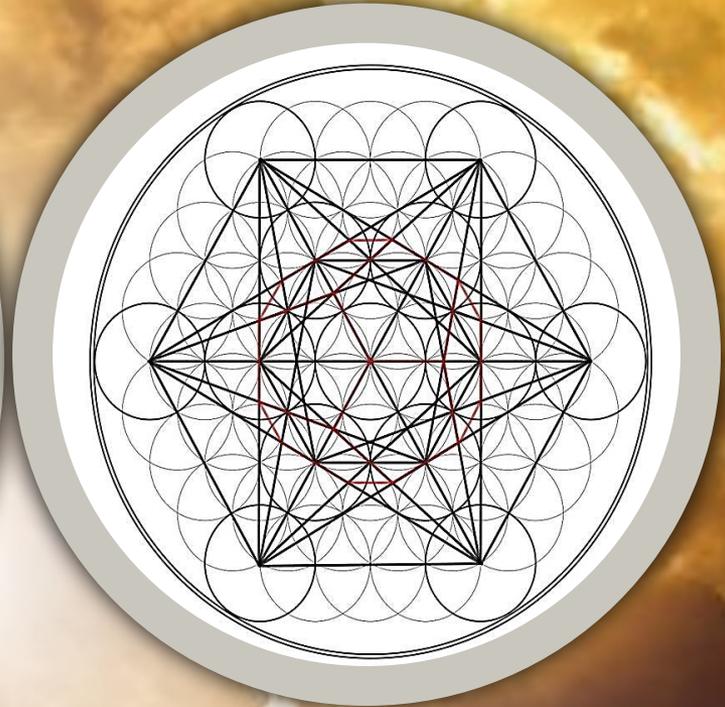
Let ring out from the heights
what finds its echo in
the depths

Practice spirit awareness
K. D. Ex.

Let flame up from the East
what through the West
takes form

Practice spirit beholding
A. AA. Ang.

Let from the depths
ascend the plea heard in
the heights.



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.



Welcome

6th Holy Night:
Sunday 29 December 2019

'May Human Beings Hear It':
An Online 12 Holy Nights Gathering
2019-2020

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

Love

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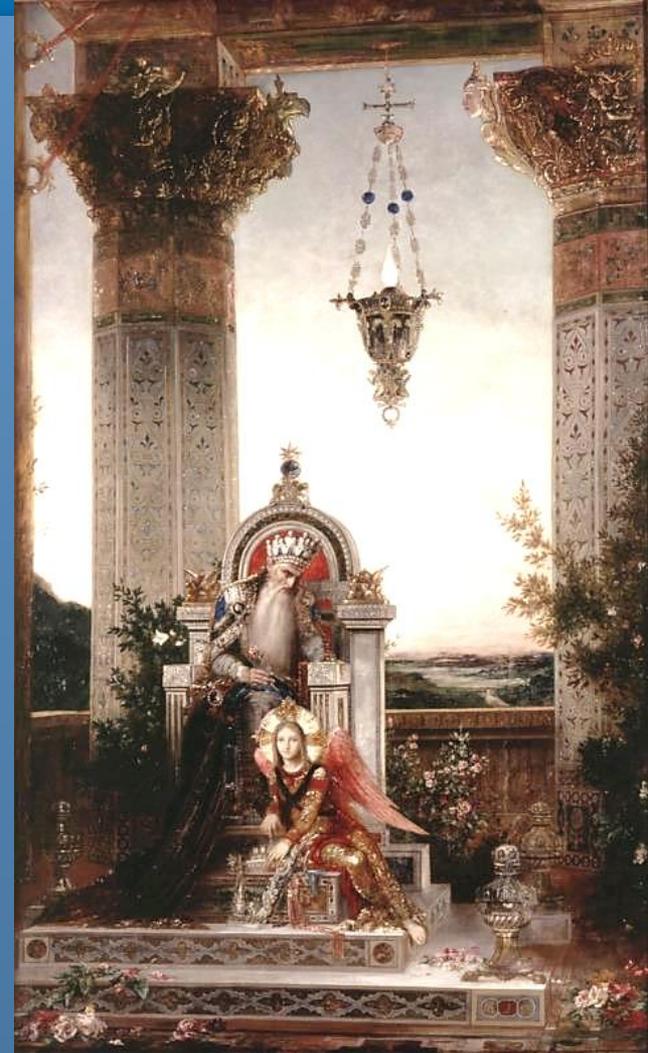
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~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





Hosted by:
The Rockford TN. Group

6th Holy Night:
Sunday 29 December 2019
Feast of King David

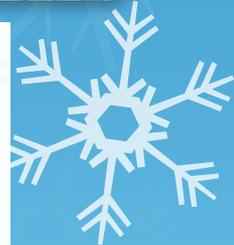
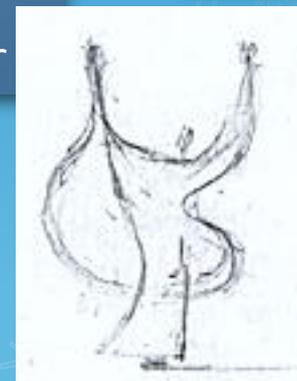
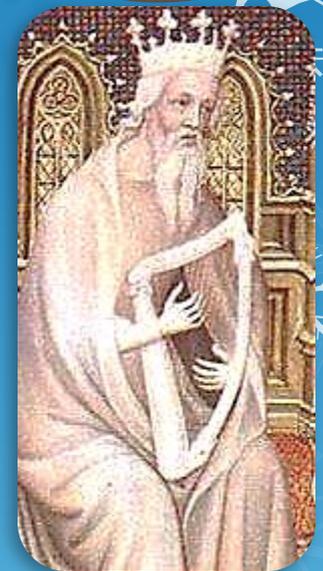
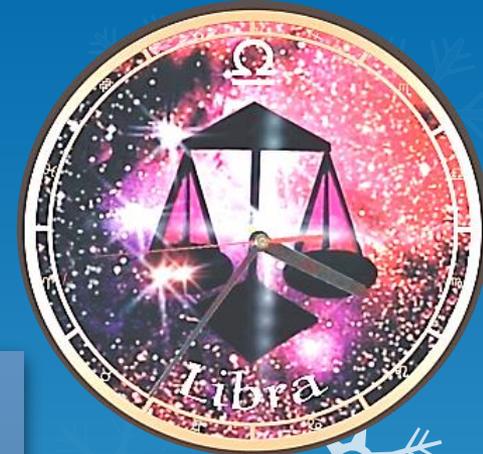
Constellation of Libra - Scales
Ruling the kidneys & lumbar region

The Sphere of the Dynamis,
Spirits of Movement, Virtues / Might

Virtue: Contentment becomes
self-composure

Eurythmy Sound: 'Tz'

Musical Keys: B Major / G sharp minor



The Rockford TN. Group

"Christ, the Sun Spirit"

by Oskar Kürten,
trans. by Dr. Philip Owenby





Geist-Erinnern Uebe Geist-Besinnen Uebe Geisterschauen

Dass gut werde
Was wir aus Herzen
~~gründen~~
aus Häuptern zielvoll
~~führen~~
wollen.

Geist-Erinnern

Uebe Geist-Besinnen

Uebe Geisterschauen

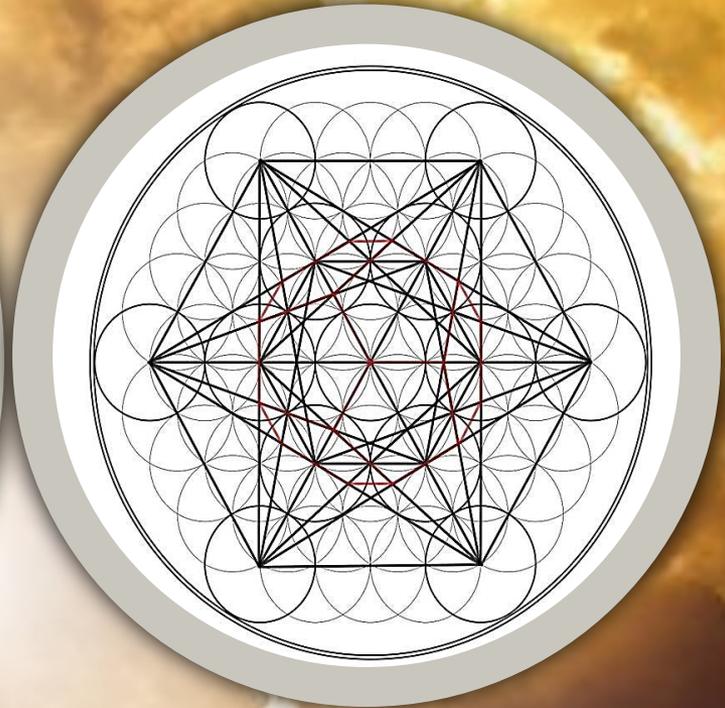
Dass gut werde
Was wir aus Herzen
gründen
aus Häuptern zielvoll
führen
wollen.

Spirit remembering

Practice spirit awareness

Practice spirit beholding

so that good become
what through hearts
we ground,
what through heads we seek
to guide
with clear intent.



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.



Welcome

***'May Human Beings Hear It':
An Online Holy Nights Gathering***

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

**7th Holy Night:
Monday 30 December 2019
2019-2020**

**7th Holy Night:
Monday 30 December 2019**

Constellation of Virgo, The Virgin
Ruling the abdomen & digestive system

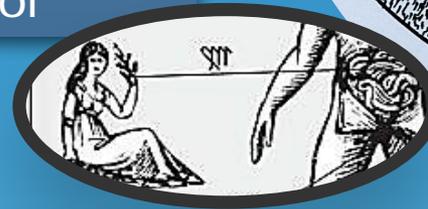
Sphere of the Kyriotetes,
Spirits of Wisdom, Dominions

Virtue: Courtesy becomes
steadiness of feeling

Eurythmy Sounds: 'B' and 'P'

Musical Keys: E Major / E flat minor

Hosted by:
The Eastern Regional Council



Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

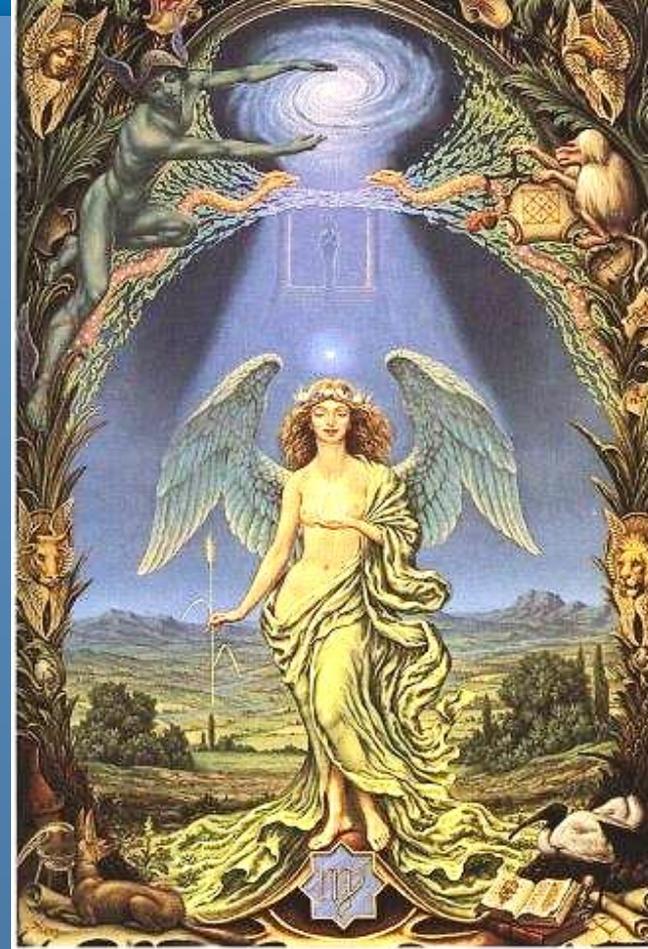
There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times:
We must really be ashamed,
if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



The Eastern Regional Council



"Sophia to Anthroposophia"



Göttliches Licht

Chr. - Sonne

Das hören die Elementargeister
in

O.W.N.S.

Menschen mögen es hören!



Göttliches Licht

Chr. - Sonne

Das hören die Elementargeister

von

O.W.N.S.

Menschen mögen es hören!

God-filled light

Christ sun

The elemental spirits hear it

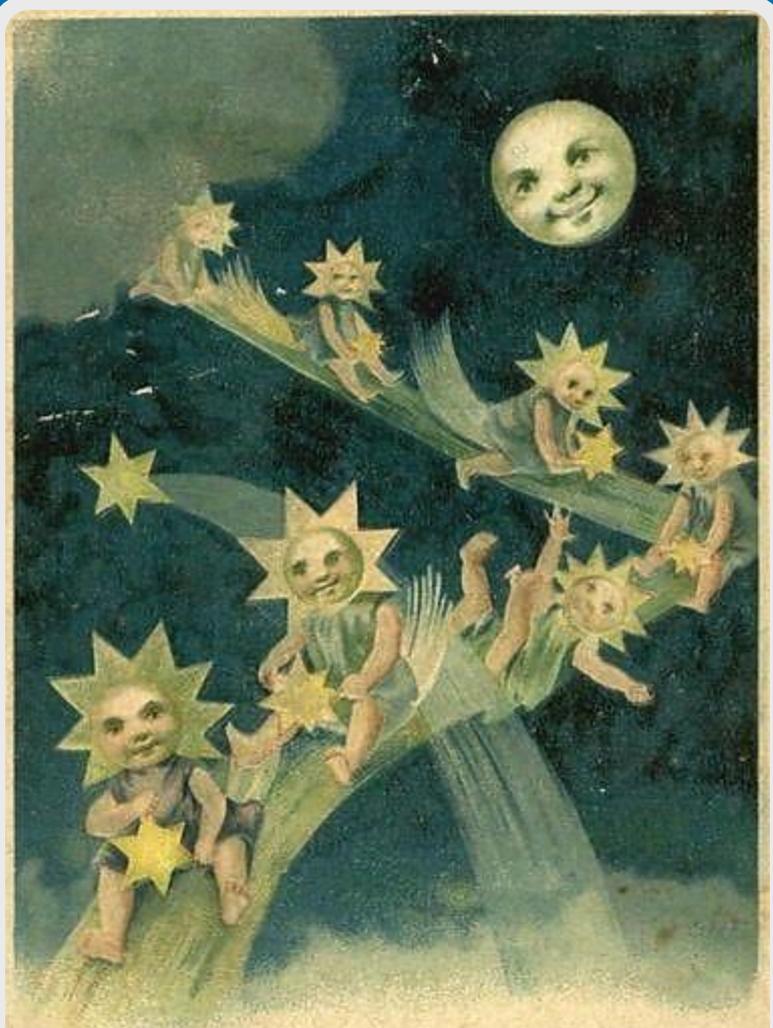
in

E.W.N.S

May human beings hear it!

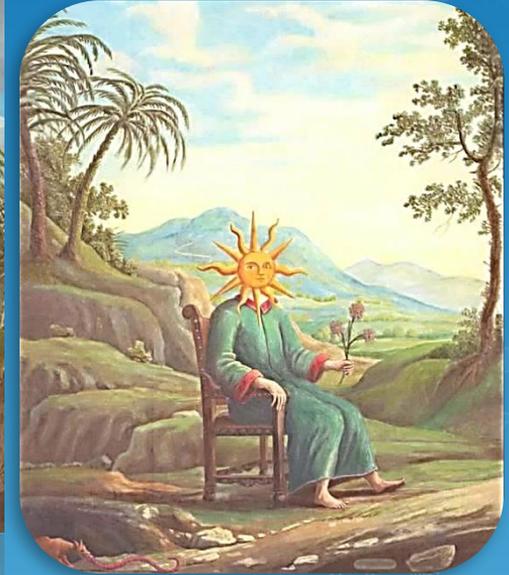
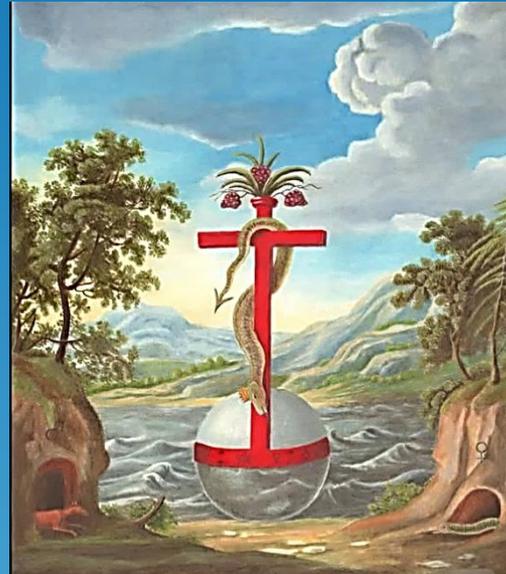
NYE

'The Hidden Holy Night'
(No Zoom Call)



A HAPPY
NEW YEAR

MEMORIAS
W HAPPA



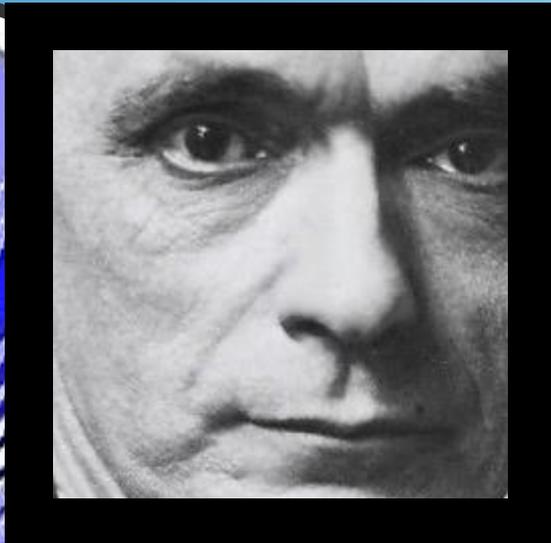
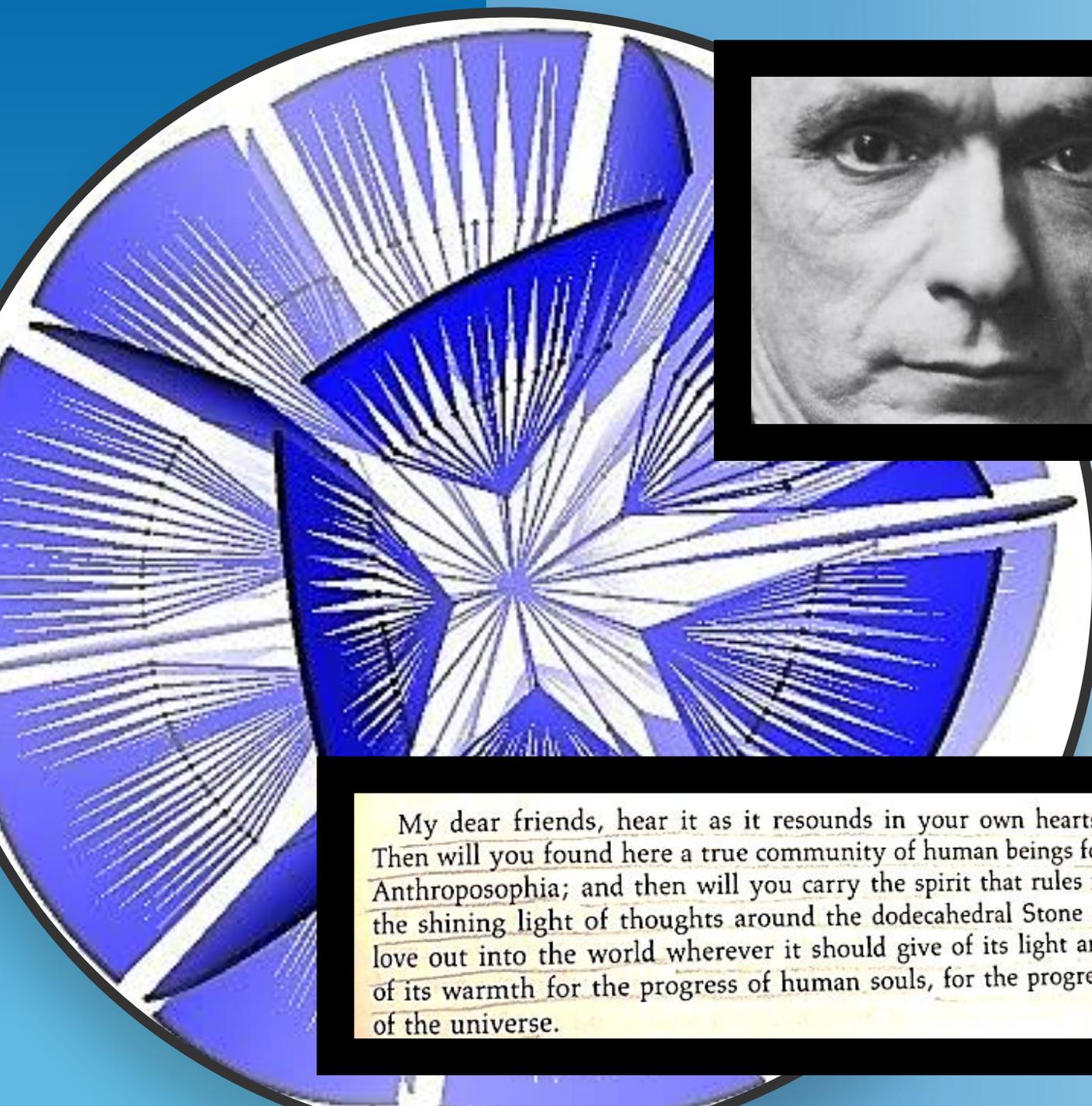
**"On New Year's Eve our folk soul briefly releases us
& consequently what we then think is perceived
by the highest hierarchies & has the power
in it to be brought into reality"**

~Rudolf Steiner in conversation with H. Hahn,
reported in Das Goetheanum, # 3, Jan 4, 1990

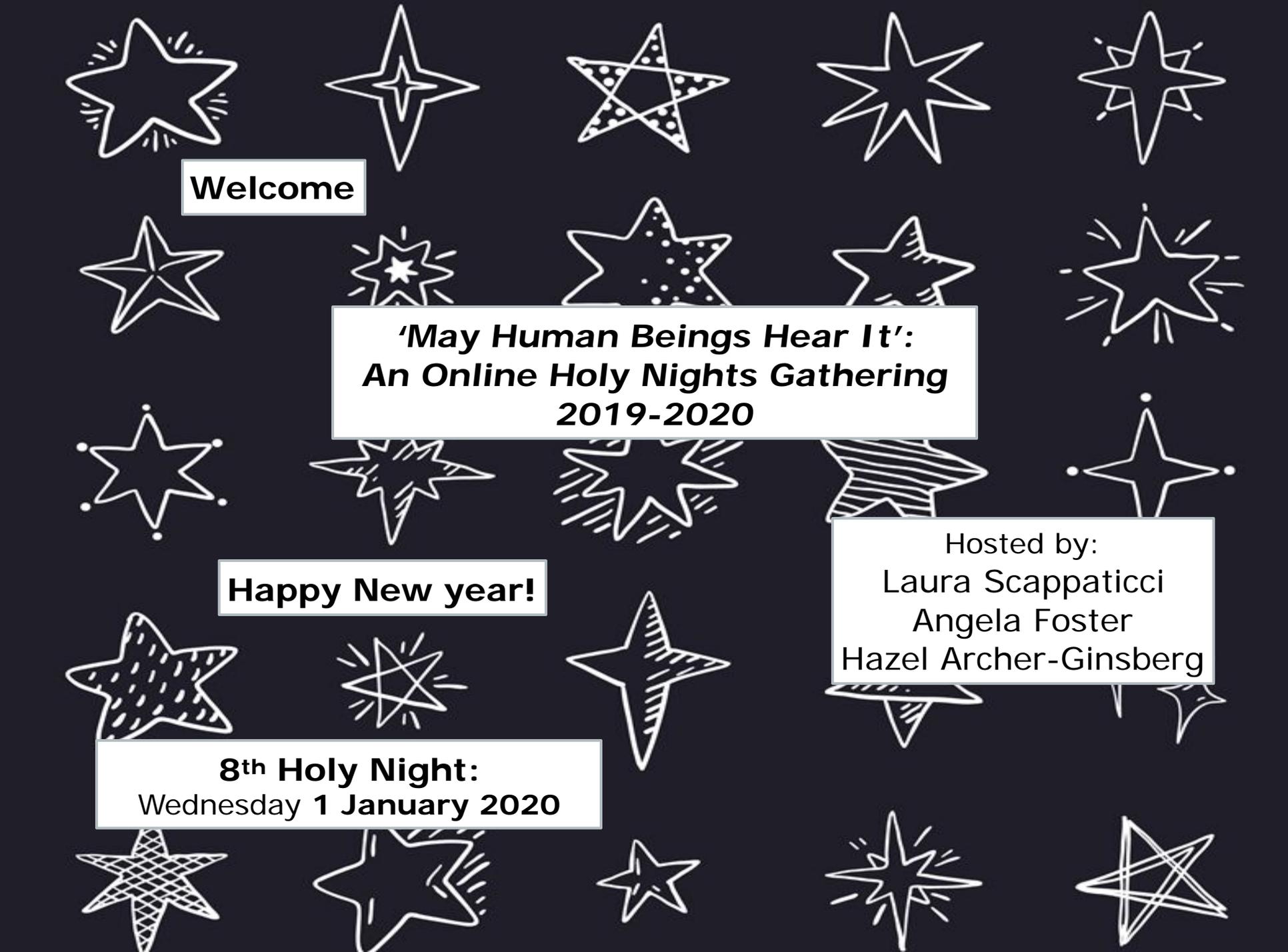


**"Behold the Sun
At the midnight hour;
Build with stones in the lifeless ground,
Thus in decay and in the night of Death
Find the Creation's new beginning,
Young morning's strength;
Glory in the heights the eternal Word of Gods;
Shelter in the depths the Powers of Peace.
In darkness dwelling, create a Sun.
In matter weaving, know the joy of Spirit!"**

~Rudolf Steiner Schmidt Number: S-1456



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.



Welcome

***'May Human Beings Hear It':
An Online Holy Nights Gathering
2019-2020***

Happy New year!

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

**8th Holy Night:
Wednesday 1 January 2020**

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times:
We must really be ashamed,
if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



Hosted by:
Tess Parker, Abigail Dancey
& The Youth

8th Holy Night:
Wednesday 1 January 2020
New Years Day - Solemnity of Mary

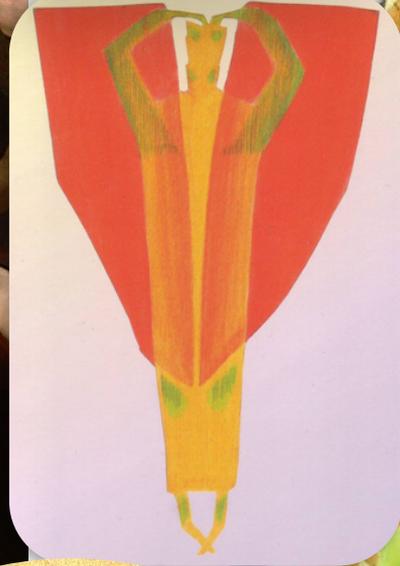
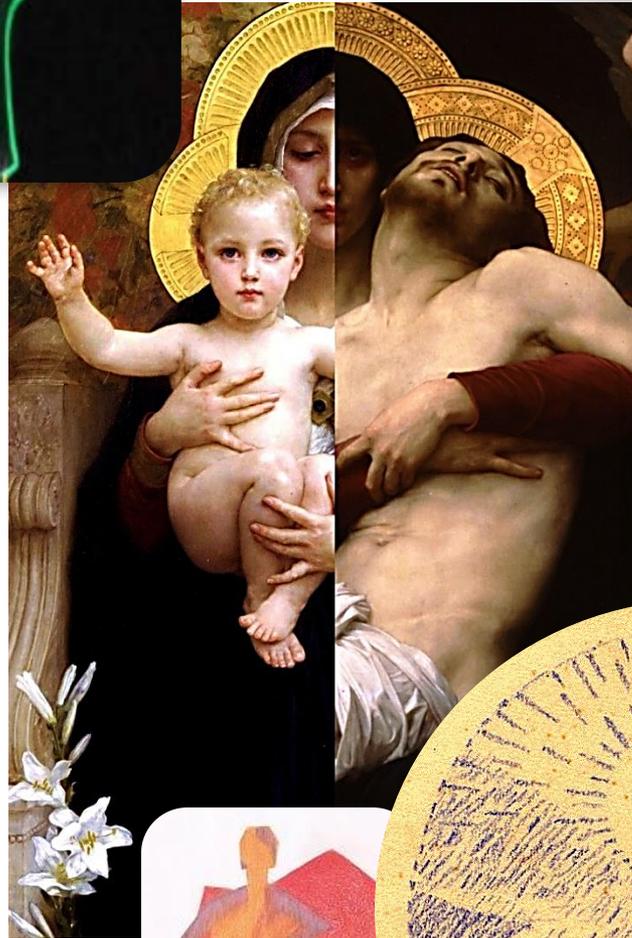
Constellation of Leo, LION
Ruling the heart

The Sphere of the Thrones,
Spirits of Will

Virtue: Compassion becomes freedom.

Eurythmy Sounds: 'T' and 'D'

Musical Keys: A Major / B flat minor





Inner Suspension
and Worldly Resolve:
A Three Kings Preparation for 2020

Hosted by:
Tess Parker, Abigail Dancey & The Youth

A suggestion by Rudolf Steiner can be helpful in this endeavor:

And we find the right way in to such verses that have been heard out of the world Word when we inwardly organize them in our own souls in such a way that they cannot leave us again. And we will be able to thus organize them by first lifting what the rhythm can give us out of what has resounded in this way. I will first write up for you here, my dear friends, a part of what the rhythm can give.^{13}*

That is the key: to organize^{13*} them in our own souls in such a way that they cannot leave us again. This is why it best to learn the seven rhythms by heart.

Because these seven meditative verses belong to the exercises which Dr Wegman was also intended to meditate on, they are reproduced here.



PART 4: THE CHRISTMAS FOUNDATION MEETING

Geist-Erinnen
○
Das eigne Ich
In Gottes-Ich
Erweset -

Geist-Besinnen
○
Das eigne Ich
Dem Welten-Ich
Vereinen -

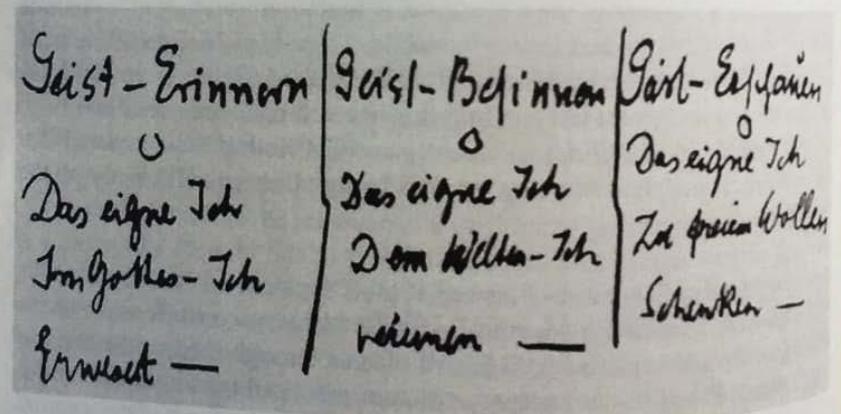
Geist-Erschauen
○
Das eigne Ich
Zu freiem Wollen
Schenken -

Spirit remembering
○
Our own I
Gains being
Within the I of God -

Spirit awareness
○
Our own I
Unite
With I of worlds -

Spirit beholding
○
Our own I
Bestow
For will in freedom -

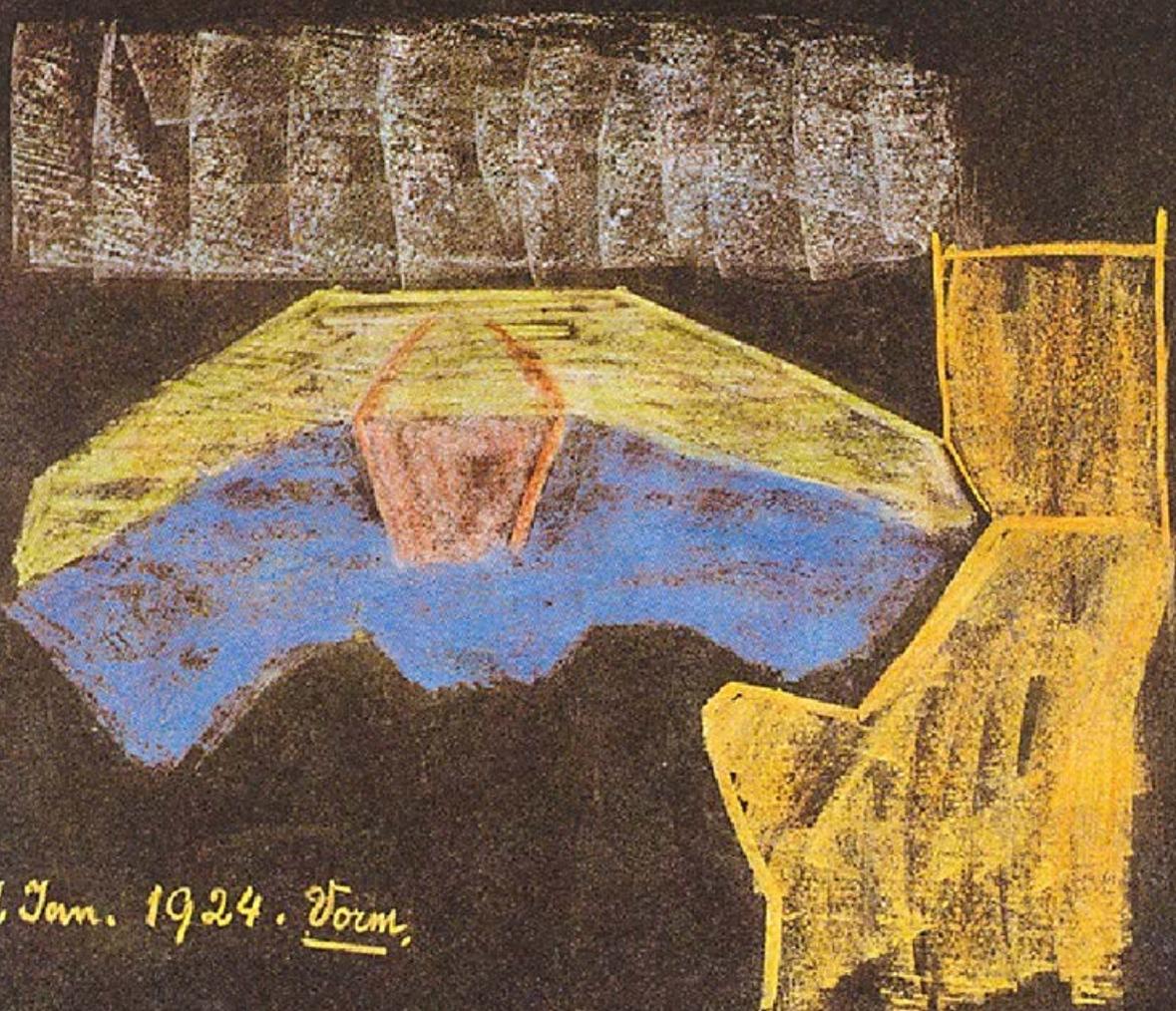
Wednesday



^{13*} Translator's note: The word Steiner uses is 'gliedern' (structure, organize), but E.Z. suggests here that the word could be read as 'organize'. The sentence would then read: 'to inwardly organize them in our own souls in such a way that they cannot leave us again.'



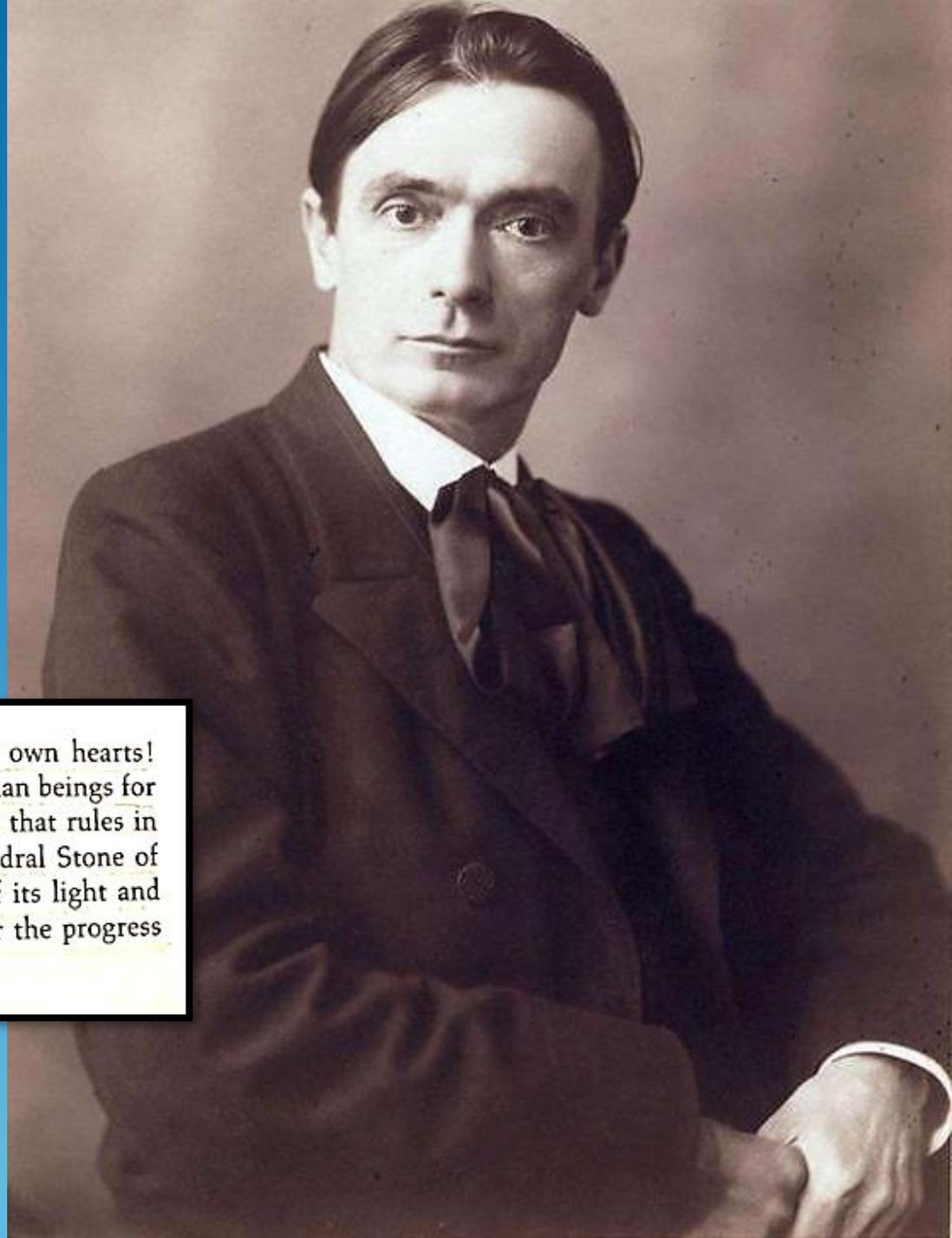
1. Jan. 1924. Vorn,



'On the Right Entry into the Spiritual World:
The Responsibility Incumbent on Us'
Lecture and words of farewell by Rudolf Steiner
1 JANUARY 1924 in the evening

And so, my dear friends,
bear out with you into the world your warm hearts
in whose soil you have laid the Foundation Stone
for the Anthroposophical Society,
bear out with you your warm hearts in order to do work
in the world that is strong in healing.
Help will come to you because your heads will be enlightened
by what you all now want to be able to direct in conscious willing.
Let us today make this resolve with all our strength.
And we shall see that if we show ourselves to be worthy,
then a good star will shine over that which is willed from here.
My dear friends, follow this good star.
We shall see whither the gods shall lead us through the light of this star.

Light Divine
Christ-Sun,
Warm thou
Our hearts,
Enlighten thou
Our heads!



My dear friends, hear it as it resounds in your own hearts! Then will you find here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

The background of the image is a composite of a starry night sky and a snowy mountain landscape. In the upper right, a bright starburst with multiple long, thin rays of light is visible against a dark blue sky filled with smaller stars. Below the sky, the landscape shows dark, jagged mountain peaks and a dense forest of evergreen trees covered in snow. A layer of mist or low clouds hangs in the valley between the mountains.

Welcome

***'May Human Beings Hear It':
An Online Holy Nights Gathering***

**9th Holy Night:
Thursday 2 January 2020**

Happy New Year!

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg



**9th Holy Night:
Thursday 2 January 2020**

Constellation of Cancer
Crab (the Vortex) Ruling the chest

The Sphere of the Cherubim,
Spirits of Harmony

Virtue: Unselfishness becomes
catharsis

Eurythmy Sound: 'F'

Musical Keys: D Major / F minor



Hosted by:
The Western Regional Council



ΧΕΡΟΥΒΙΜ

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times:
We must really be ashamed,
if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

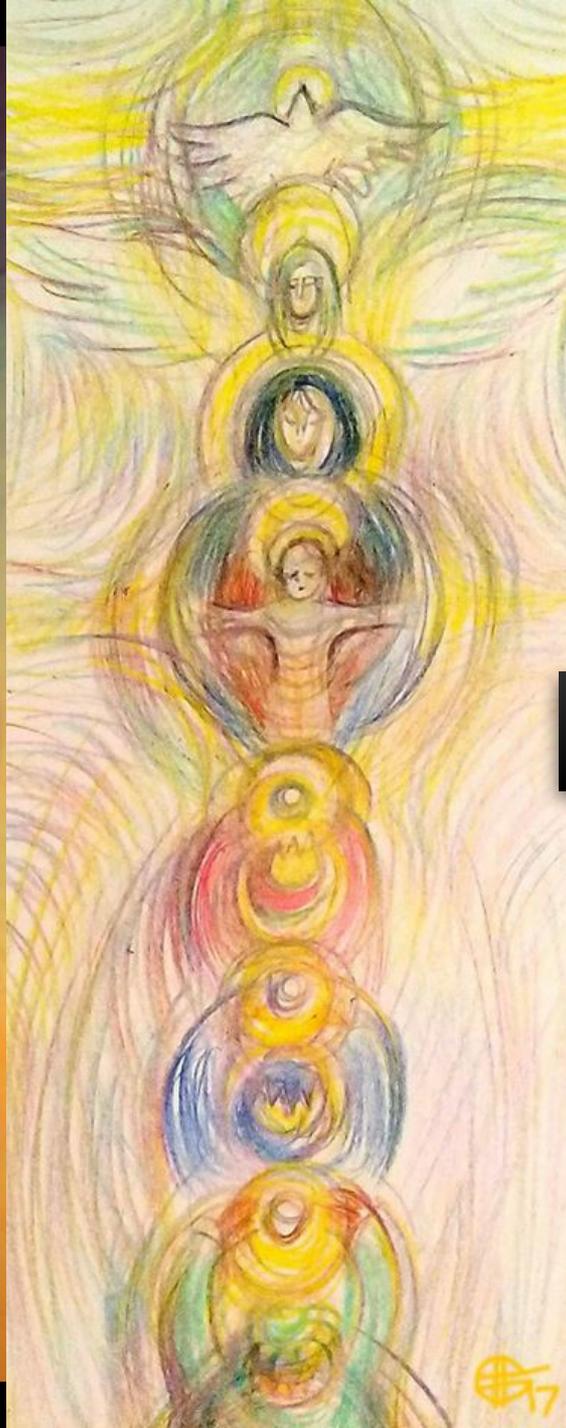
May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





The Birth of the Sun Spirit



Hosted by:
The Western Regional Council



Thursday

Das eigne Ich
Im Gottes Ich
erweset

Das eigne Ich
Dem Welten Ich
Vereinon

Dem eignen Ich
Zu freiem Wollen
schenken

Leben

fühlen

denken

Menschen-Welten Wesen

Menschen Seelen Wirken

Menschen Geistes Gründen



190

Das eigne Ich
Im Gottes Ich
erweset
leben
Menschen-Welten Wesen

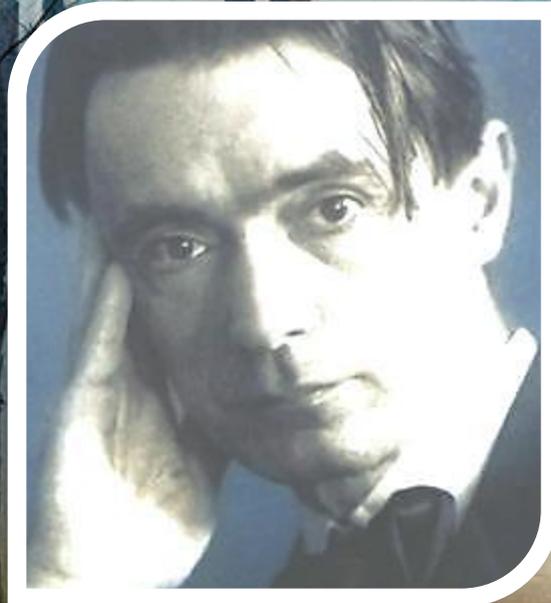
Das eigne Ich
Dem Welten Ich
Vereinon
fühlen
Menschen Seelen Wirken

Dem eignen Ich
Zu freiem Wollen
schenken
denken
Menschen Geistes Gründen

Our own I
Gains being
Within the I of God
Live
Human universal being

Our own I
Unite
With I of worlds
Feel
Human working of the soul

Our own I
Bestow
For will in freedom
Think
Human grounds of spirit



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

**'May Human Beings Hear It':
An Online Holy Nights Gathering
2019-2020**

**10th Holy Night:
Friday 3 January 2020**

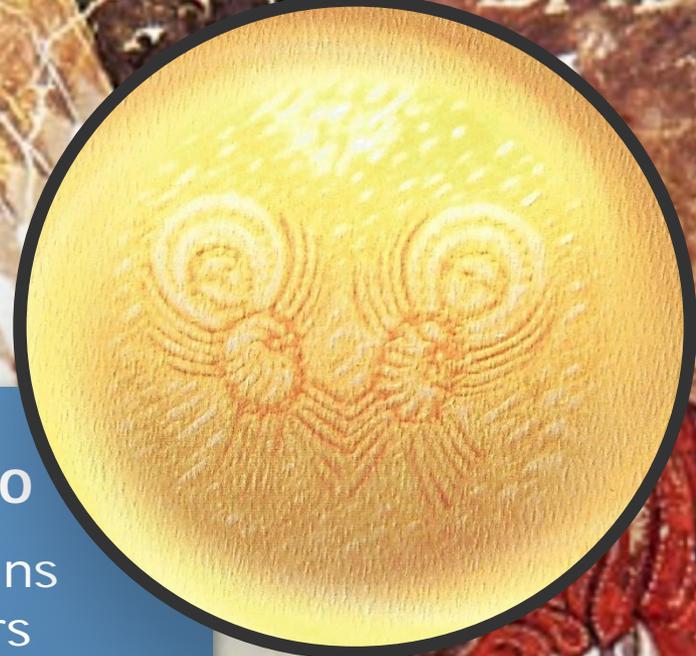
Welcome



Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

Happy New Year!

Schiller



**10th Holy Night:
Friday 3 January 2020**

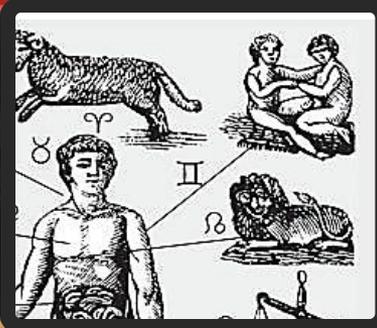
Constellation of Gemini, Twins
Ruling lungs, arms, & shoulders

The Sphere of the Seraphim, Spirits of Love

Virtue: Perseverance becomes faithfulness

Eurythmy Sounds: 'H' and 'Ch'

Musical Keys: G Major / C minor



Hosted by:
The Portland Branch



Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

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May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912





The Portland Branch

"Making a Journey
to Understanding
the Holy Nights"

1

Uebe Geist-Erinnern

*Denn es waltet der Vater Geist der Höhen
In den Welten-Tiefen Sein erzeugend*

2

Uebe Geist-Besinnen

*Denn es waltet der Christus-Wille im Umkreis
In den Weltenrhythmen Seelen-begnadend*

3

Uebe Geist-Erschauen

*Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht-erflehend*

1

Practice spirit remembering

*For the Father spirit of the heights holds sway
engendering existence in depths of worlds*

2

Practice spirit awareness

*For the will of Christ holds sway to all horizons
bestowing grace on souls in rhythms of worlds*

3

Practice spirit beholding

*For the spirit's universal thoughts hold sway,
beseeching light in being of worlds*

Friday

1

Uebe Geist-Erinnern

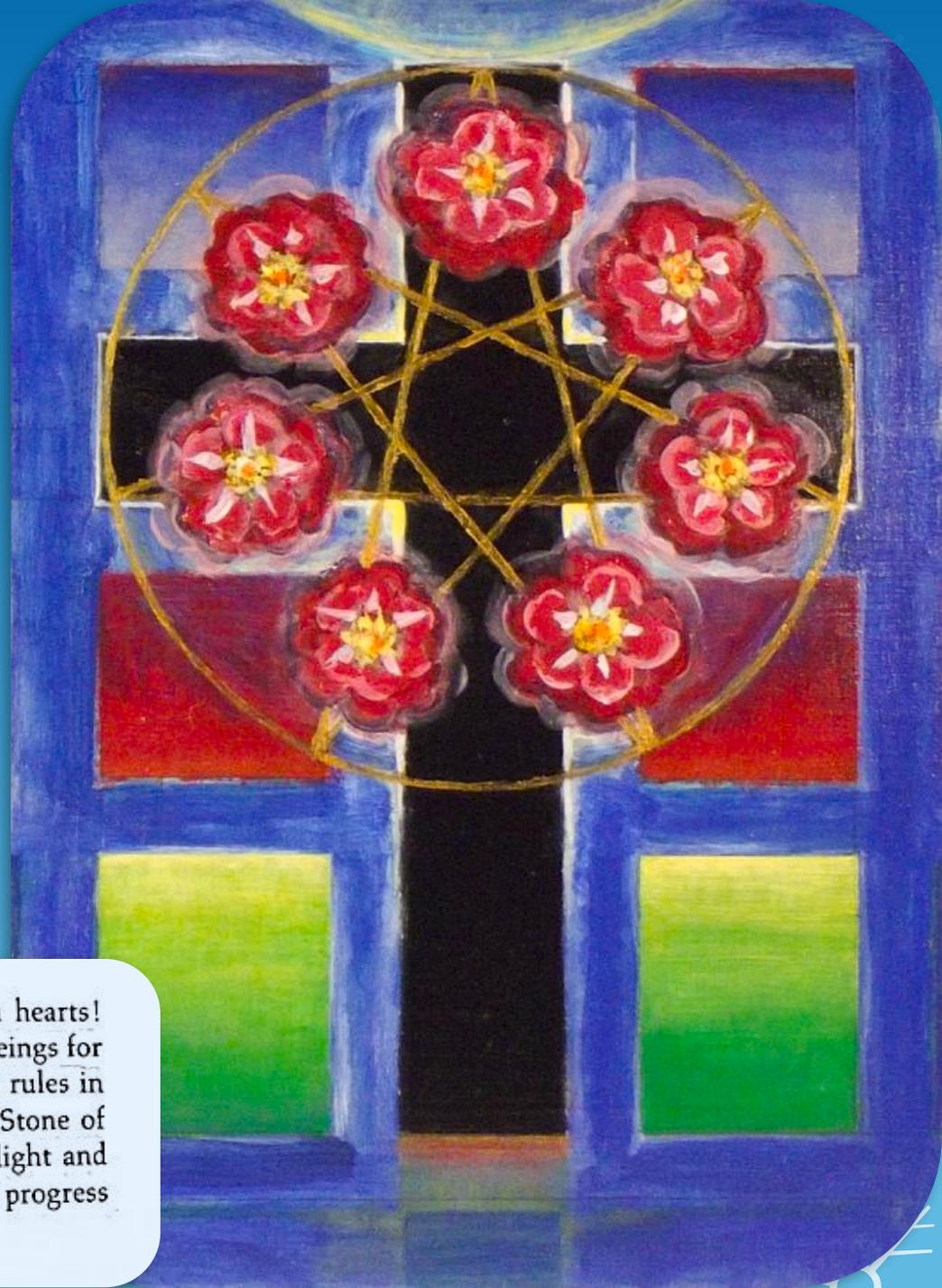
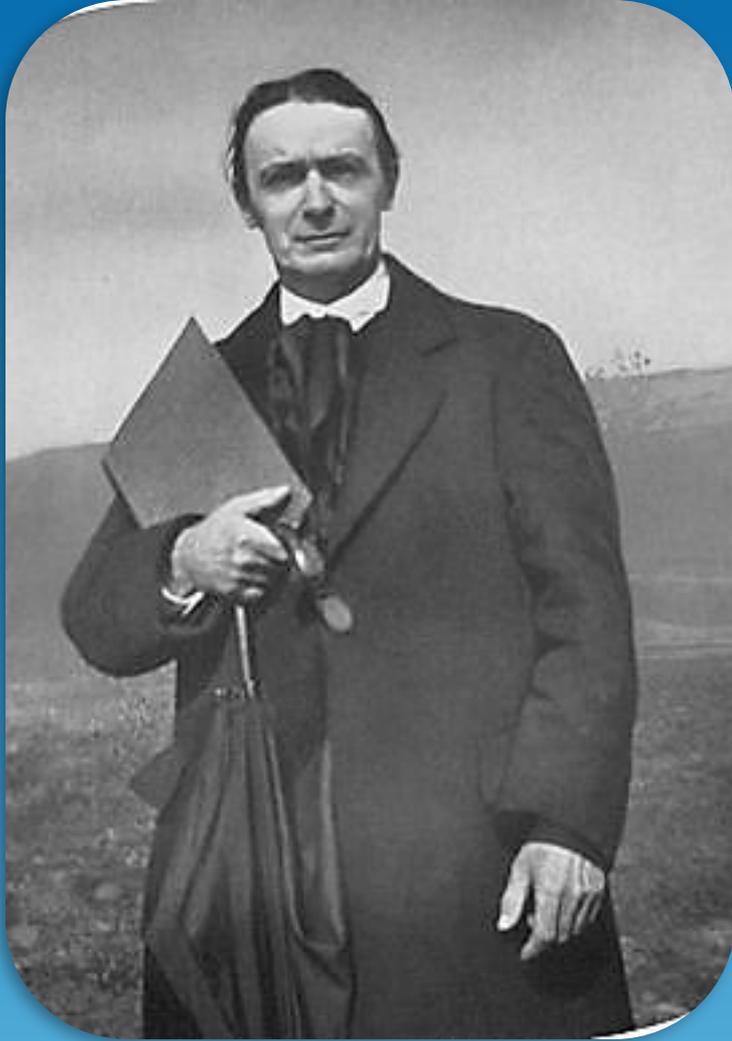
*Denn es waltet der Vater Geist der Höhen
In den Welten-Tiefen Sein erzeugend.*

2

*Uebe Geist-Besinnen
Denn es waltet der Christus-Wille im Umkreis
In den Weltenrhythmen Seelen-begnadend.*

*Uebe Geist-Erschauen
Denn es walten des Geistes Weltgedanken
Im Weltenwesen Licht-erflehend.*





My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.

Welcome

***'May Human Beings Hear It':
An Online Holy Nights Gathering
2019-2020***

**11th Holy Night:
Saturday 4 January 2020**

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

Happy New Year!

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

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And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times: We must really be ashamed, if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



**11th Holy Night:
Saturday 4 January 2020**

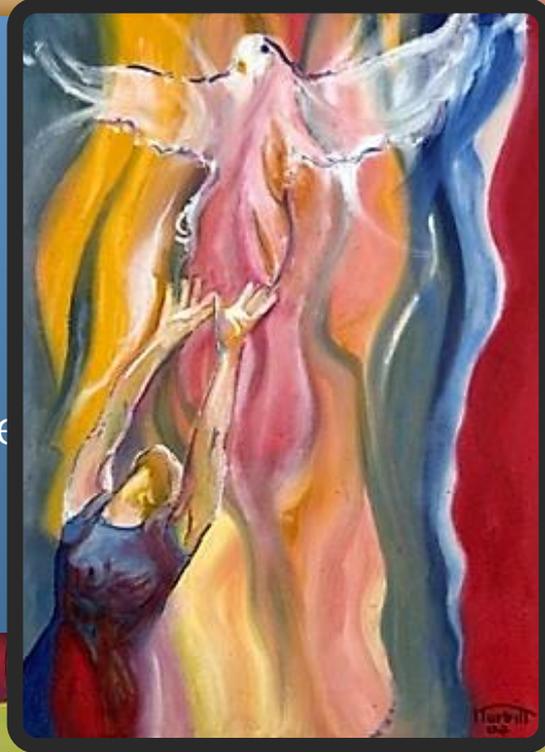
Constellation of Taurus, Bull
Ruling the neck & throat/larynx

The Sphere of the Holy Spirit

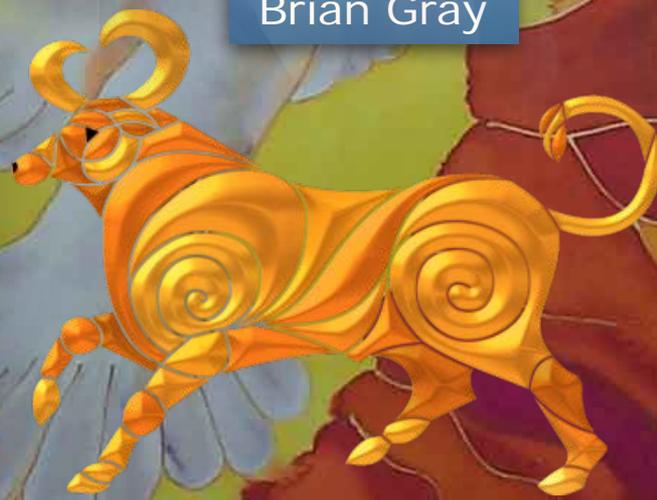
Virtue: Equilibrium becomes progress

Eurythmy Sound: 'R'

Musical Keys: C Major / G minor



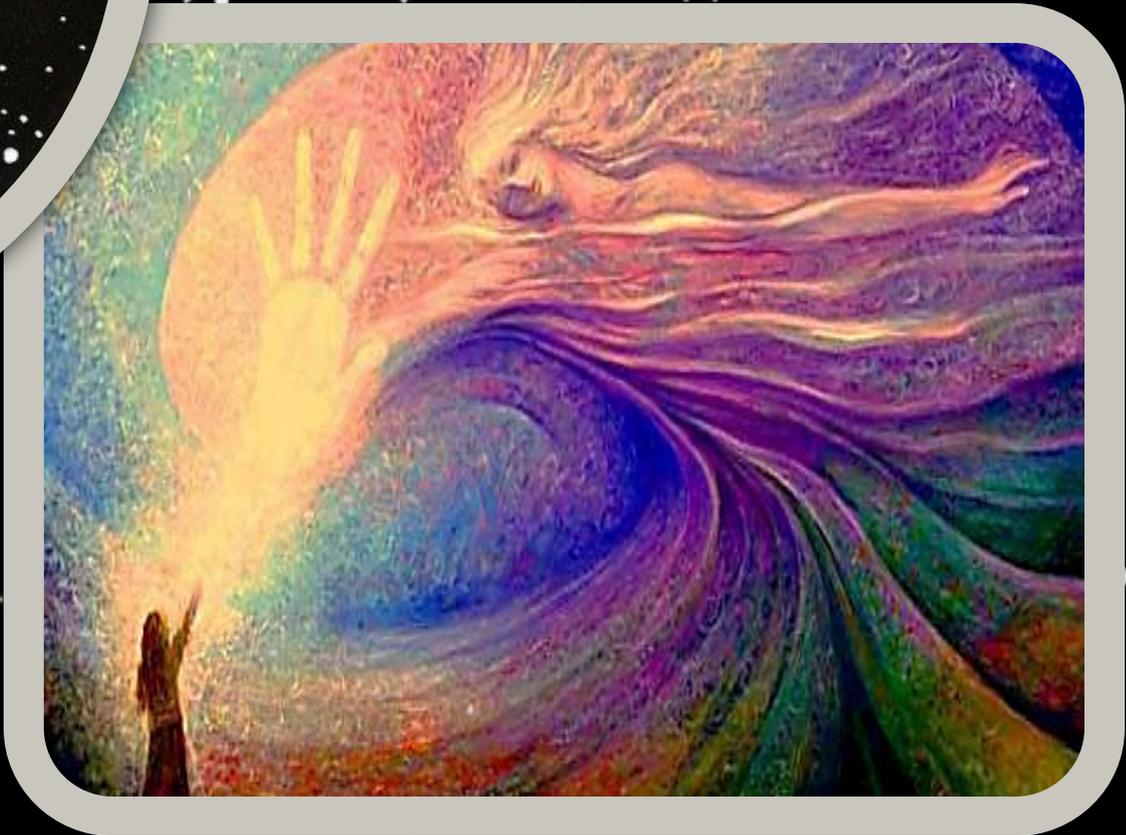
Hosted by:
Brian Gray





Brian Gray

Cultural ages in their zodiacal sequence from the time of The Fall



Saturday



<p>Uebe Geist-Erinnern S. Ch. T. Lasset aus den Höhen erklingen Was in den Tiefen das Echo findet</p>	<p>Uebe Geist-Besinnen K. D. Ex. Lasset vom Osten Was durch den Westen sich gestaltet</p>	<p>Uebe Geist-Erschauen A. AA. Ang. Lasset aus den Tiefen erbitten Was in den Höhen erhöhet wird.</p>
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Uebe Geist-Erinnern
S. Ch. T.

Lasset aus den Höhen
Erklingen
Was in den Tiefen das
Echo findet

Uebe Geist-Besinnen
K. D. Ex.

Lasset vom Osten
Befeuern
Was durch den Westen
Sich gestaltet

Uebe Geist-Erschauen
A. AA. Ang.

Lasset aus den Tiefen
Erbitten
Was in den Höhen
Erhöhet wird.

Practice spirit remembering
S. Ch. Th.

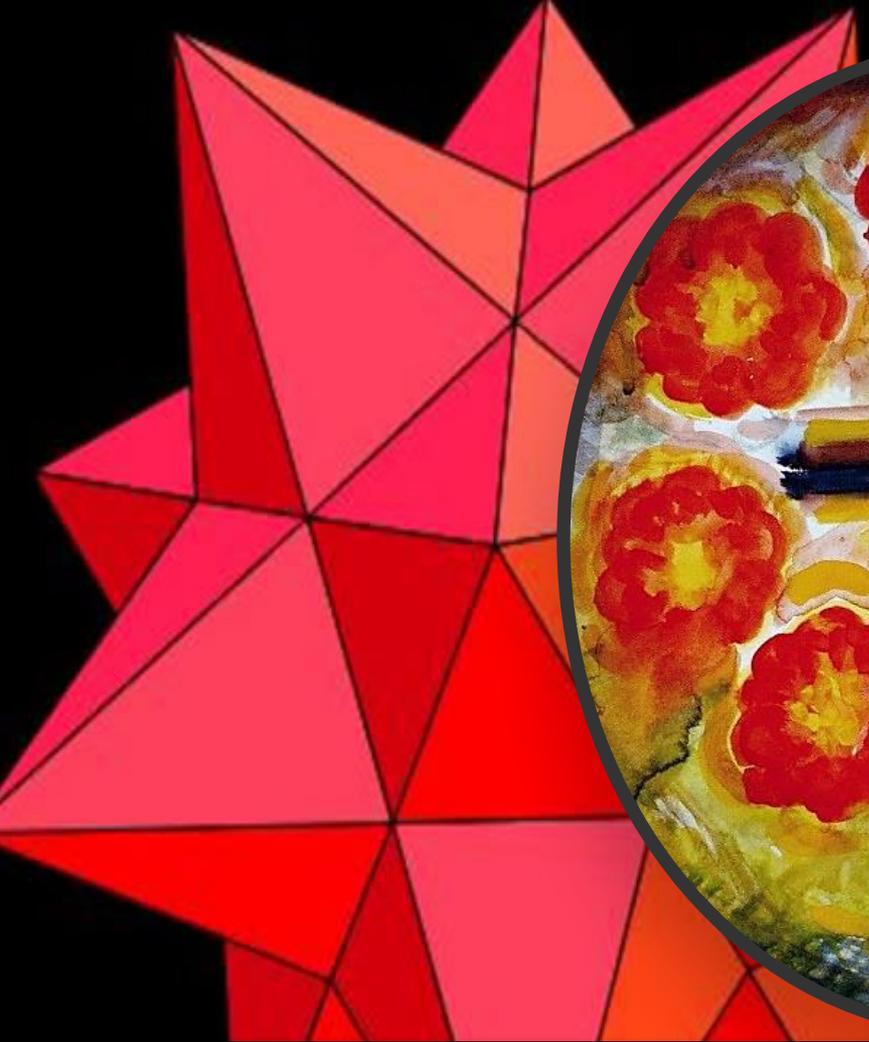
Let ring out from the heights
what finds its echo in
the depths

Practice spirit awareness
K. D. Ex.

Let flame up from the East
what through the West
takes form

Practice spirit beholding
A. AA. Ang.

Let from the depths
ascend the plea heard in
the heights.



My dear friends, hear it as it resounds in your own hearts!
Then will you found here a true community of human beings for
Anthroposophia; and then will you carry the spirit that rules in
the shining light of thoughts around the dodecahedral Stone of
love out into the world wherever it should give of its light and
of its warmth for the progress of human souls, for the progress
of the universe.

**'May Human Beings Hear It':
An Online Holy Nights Gathering
2019-2020**

Welcome

Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg

**12th Holy Night:
Sunday 5 January 2020**



Happy New Year!



**12th Holy Night:
Sunday 5 January 2020
Epiphany Eve 'Three Kings'**

**Constellation of Aries, Ram
Ruling the head**

The Sphere of the Mystic Lamb

Virtue: Devotion becomes
the power of sacrifice

Eurythmy Sounds: 'V' and 'W'

Musical Keys: F Major / D minor



Hosted by:
The Central Regional Council

Love

What is it really that we should write in our hearts — the feeling that we may have on this Christmas night?

In this Christmas night there should pour into our hearts the fundamental human feeling of love the fundamental feeling that says: Compared with all other forces and powers and treasures of the world, the treasures and the power and the force of love are the greatest, the most intense, the most powerful.

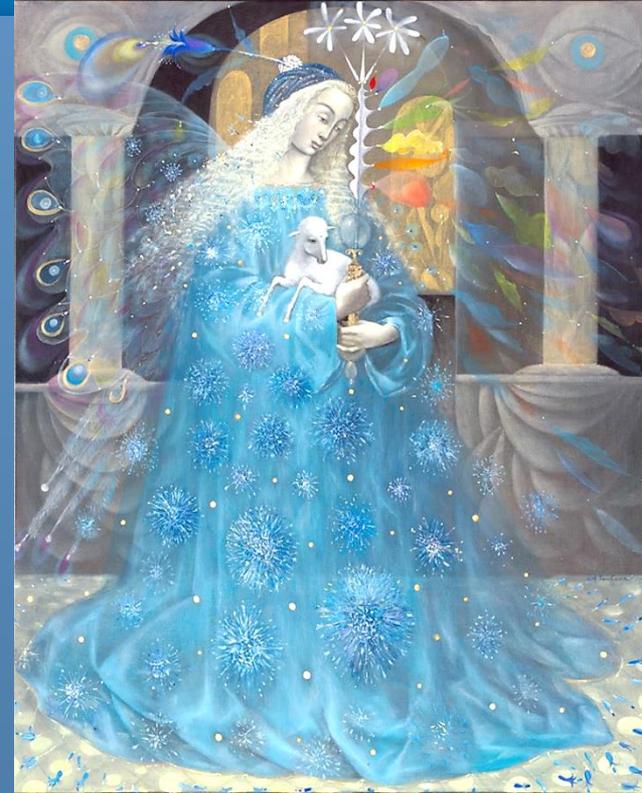
There should pour into our hearts, into our souls, the feeling that: Wisdom is a great thing — that love is still greater; Might is a great thing — that love is yet greater.

And this feeling of the power and force and strength of love should pour into our hearts so strongly that from this Christmas night something may overflow into all our feelings during the rest of the year,

So that we may truthfully say at all times: We must really be ashamed, if in any hour of the year we do anything that cannot hold good when the spirit gazes into that night in which we would pour the all-power of love into our hearts.

May it be possible for the days and the hours of the year to pass in such a way that we need not be ashamed of them in the light of the feeling that we would pour into our souls on Christmas night!

~THOUGHTS ON CHRISTMAS EVE,
Rudolf Steiner, Berlin, 24th of December, 1912



Eve of Epiphany

A reading of a
Three Kings play
out of the book of Matthew



L. M. Stein

20 Sept. 1913



My dear friends, hear it as it resounds in your own hearts! Then will you found here a true community of human beings for Anthroposophia; and then will you carry the spirit that rules in the shining light of thoughts around the dodecahedral Stone of love out into the world wherever it should give of its light and of its warmth for the progress of human souls, for the progress of the universe.



**'May Human Beings Hear It':
An Online Holy Nights Gathering
2019-2020**



THANK YOU!

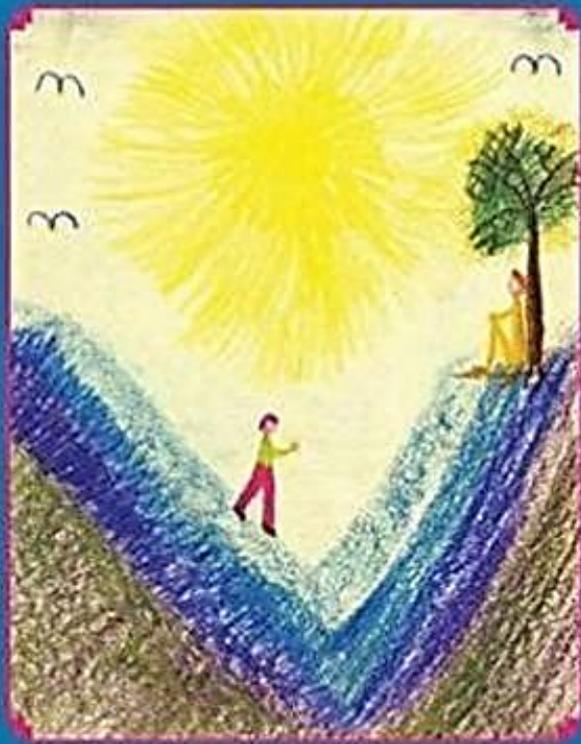
Hosted by:
Laura Scappaticci
Angela Foster
Hazel Archer-Ginsberg





Marjorie Spock

Marjorie Spock



The Art Of Goethean Conversation

"Whence came you hither?"
asked the golden king.

"Out of the clefts where gold dwells,"
replied the serpent.

"What is more glorious than gold?"

"Light!"

"What is more quickening than Light?"

"Conversation!"



You live within
the limbs

For the Father-Spirit
of The heights
holds sway

In depths of worlds
begetting life

You live within the beat
of heart and lung

For the Christ-will encircling
us holds sway

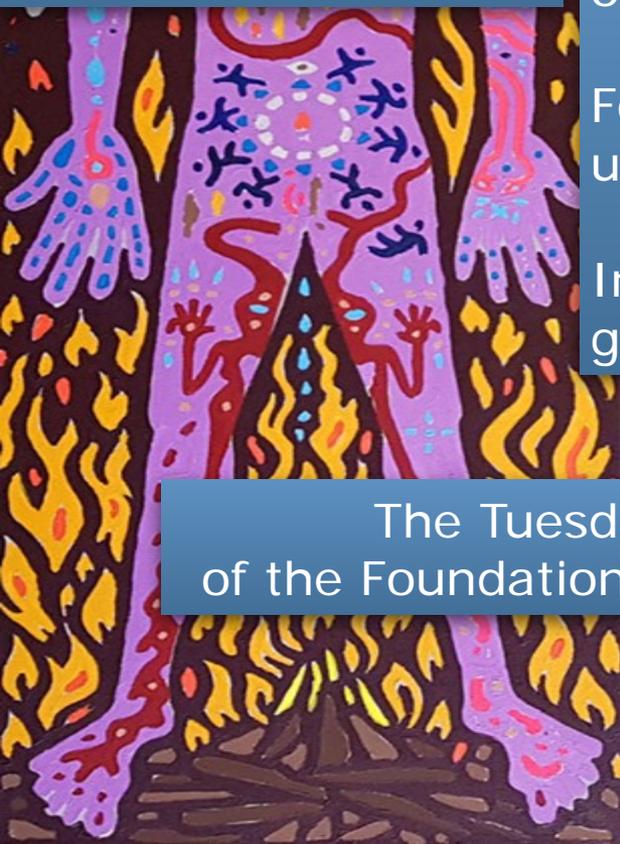
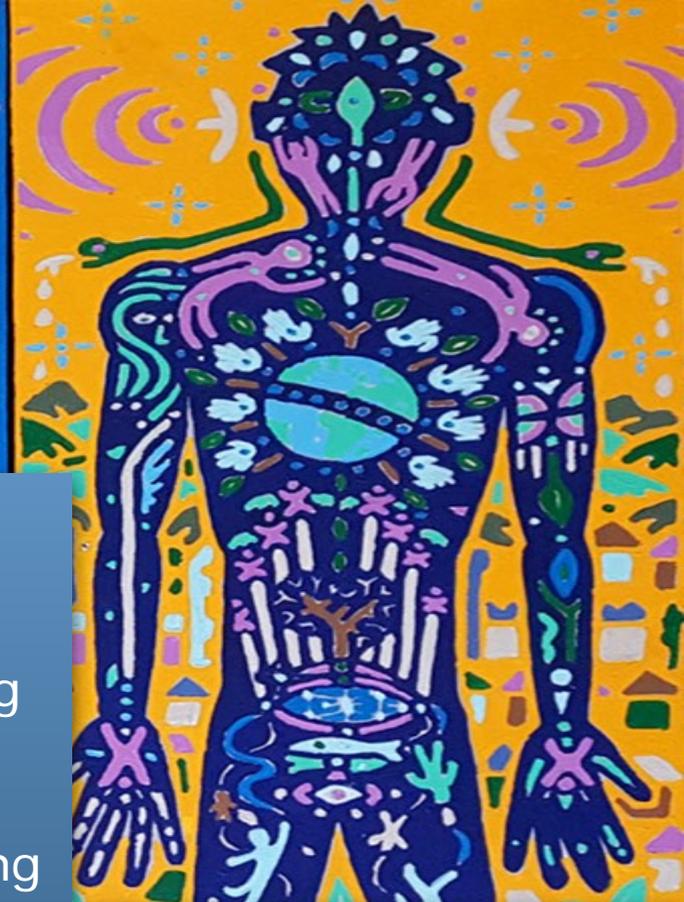
In world rhythms, bestowing
grace upon souls

The Tuesday Rhythm
of the Foundation Stone Meditation

You live within the
resting head

For the spirits' world-
thoughts hold sway

In cosmic being,
imploring light



The Wednesday Rhythm
of the Foundation Stone Meditation

Spirit-Recalling

Your own I
Comes into being
In the I of God

Spirit-Sensing

Unite your own I
With the I of the world

Spirit-Beholding

Bestow on your own I
For free and active
Willing



The Thursday Rhythm of the Foundation Stone Meditation

Your own I
Comes into being
In the I of God

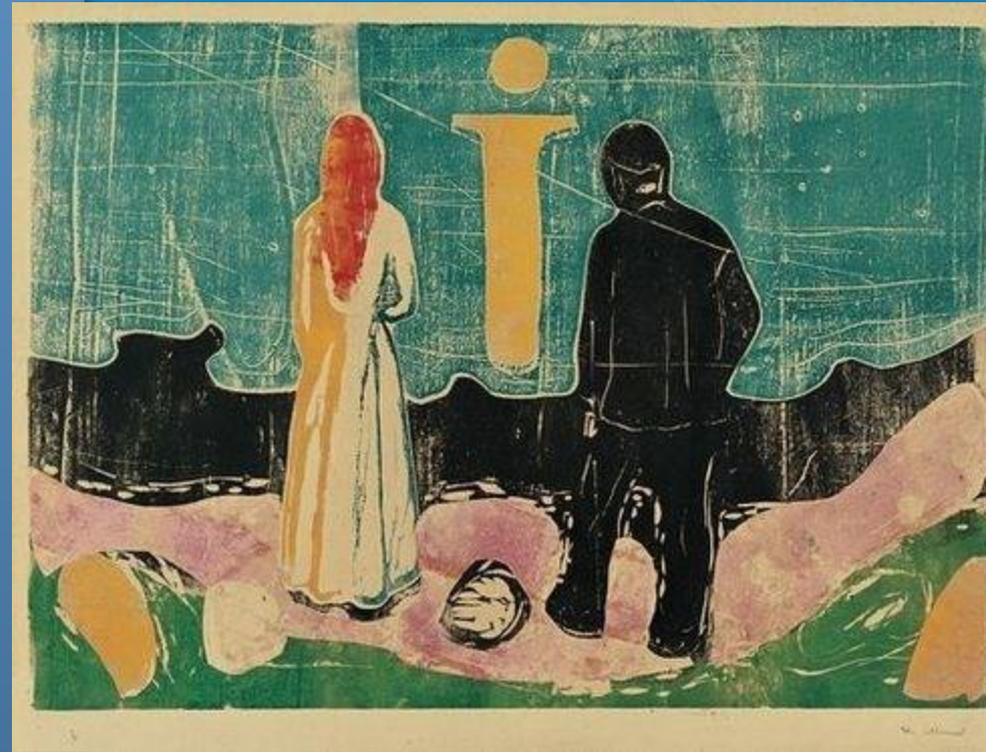
Live
In human world-all being

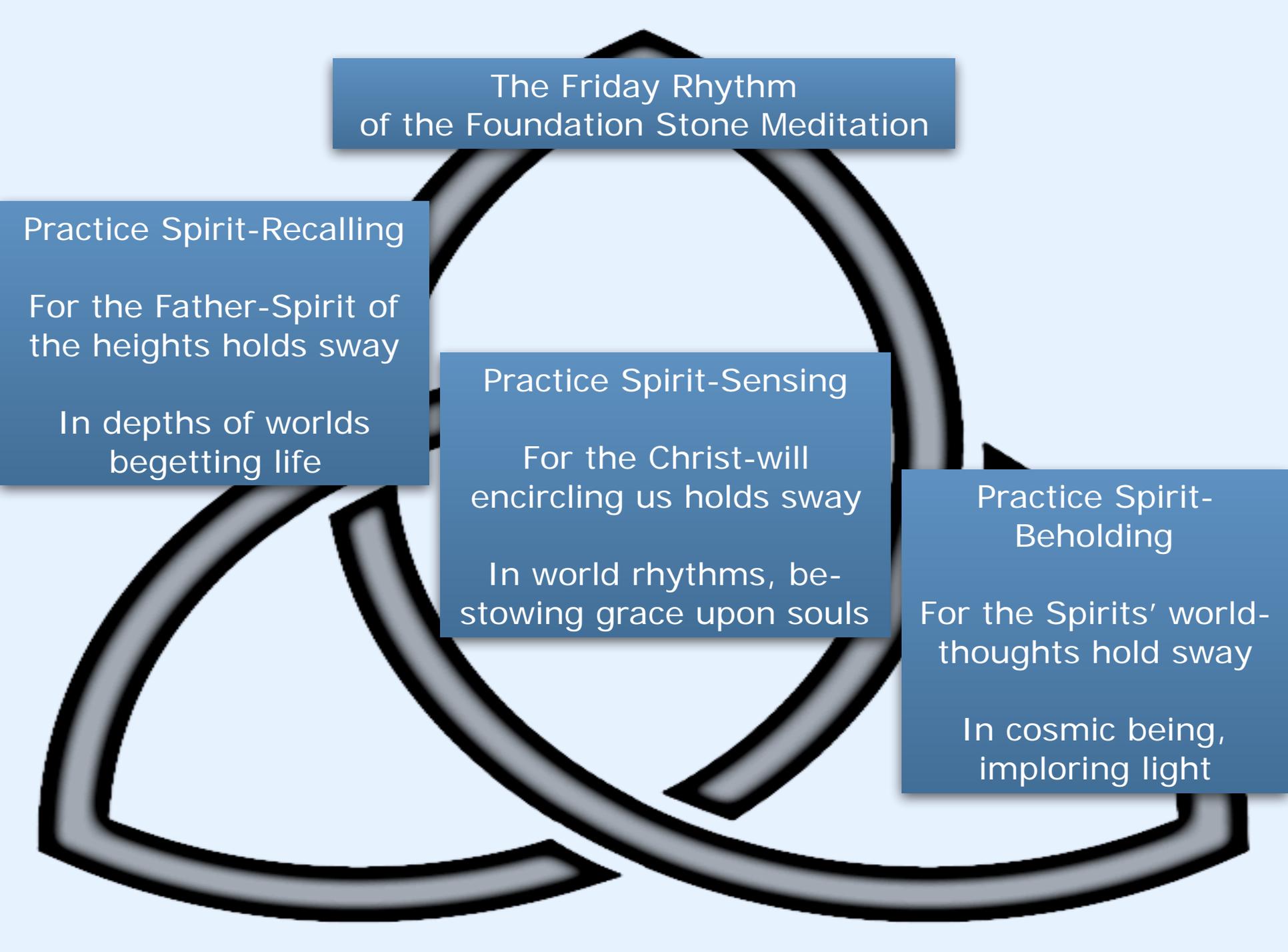
Unite your own I
With the I of the world

Feel
In human soul's creating

Bestow on your own I
For free and active willing

Think
In human spirit depths





The Friday Rhythm
of the Foundation Stone Meditation

Practice Spirit-Recalling

For the Father-Spirit of
the heights holds sway

In depths of worlds
begetting life

Practice Spirit-Sensing

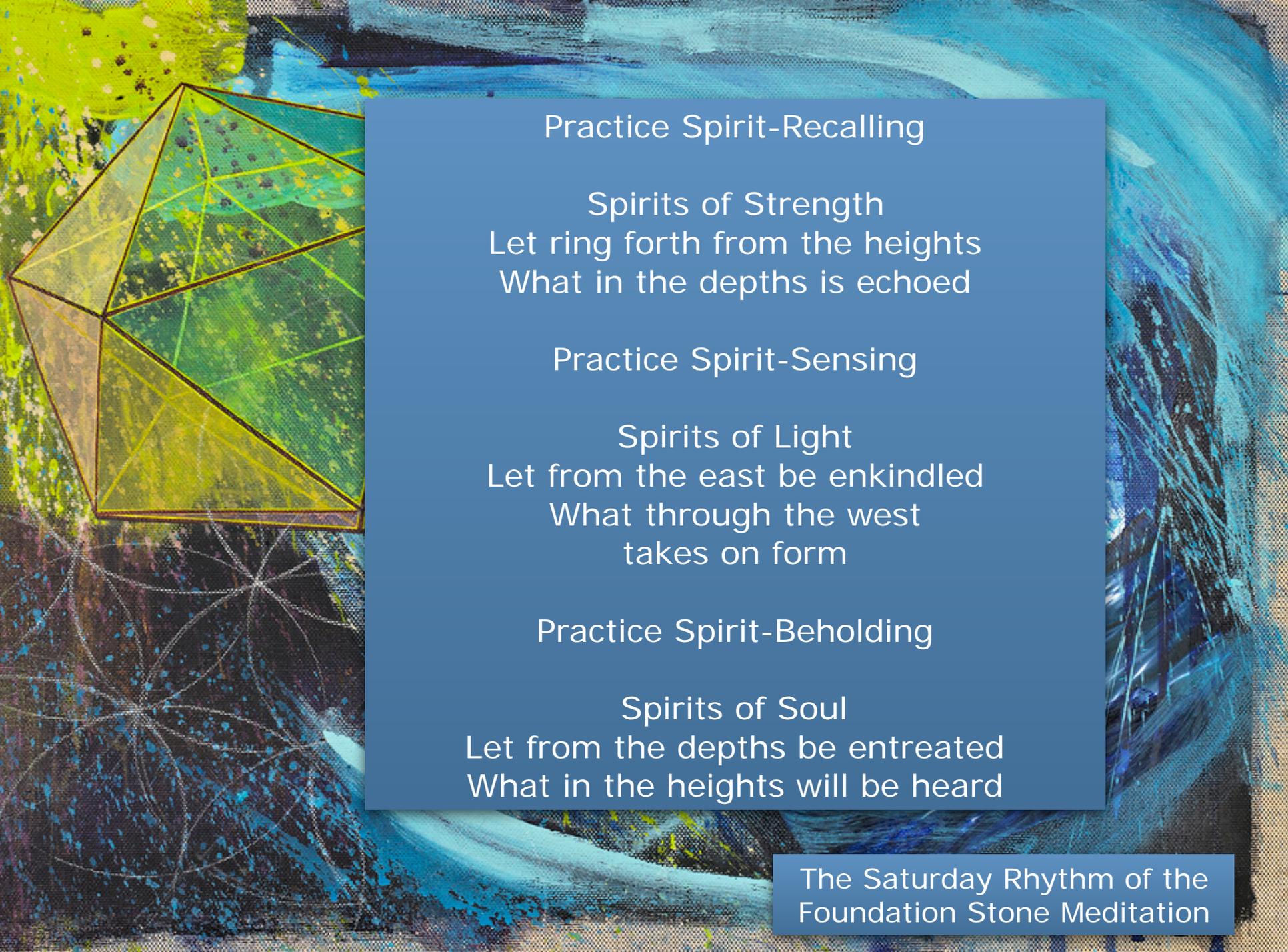
For the Christ-will
encircling us holds sway

In world rhythms, be-
stowing grace upon souls

Practice Spirit-
Beholding

For the Spirits' world-
thoughts hold sway

In cosmic being,
imploring light



Practice Spirit-Recalling

Spirits of Strength

Let ring forth from the heights
What in the depths is echoed

Practice Spirit-Sensing

Spirits of Light

Let from the east be enkindled
What through the west
takes on form

Practice Spirit-Beholding

Spirits of Soul

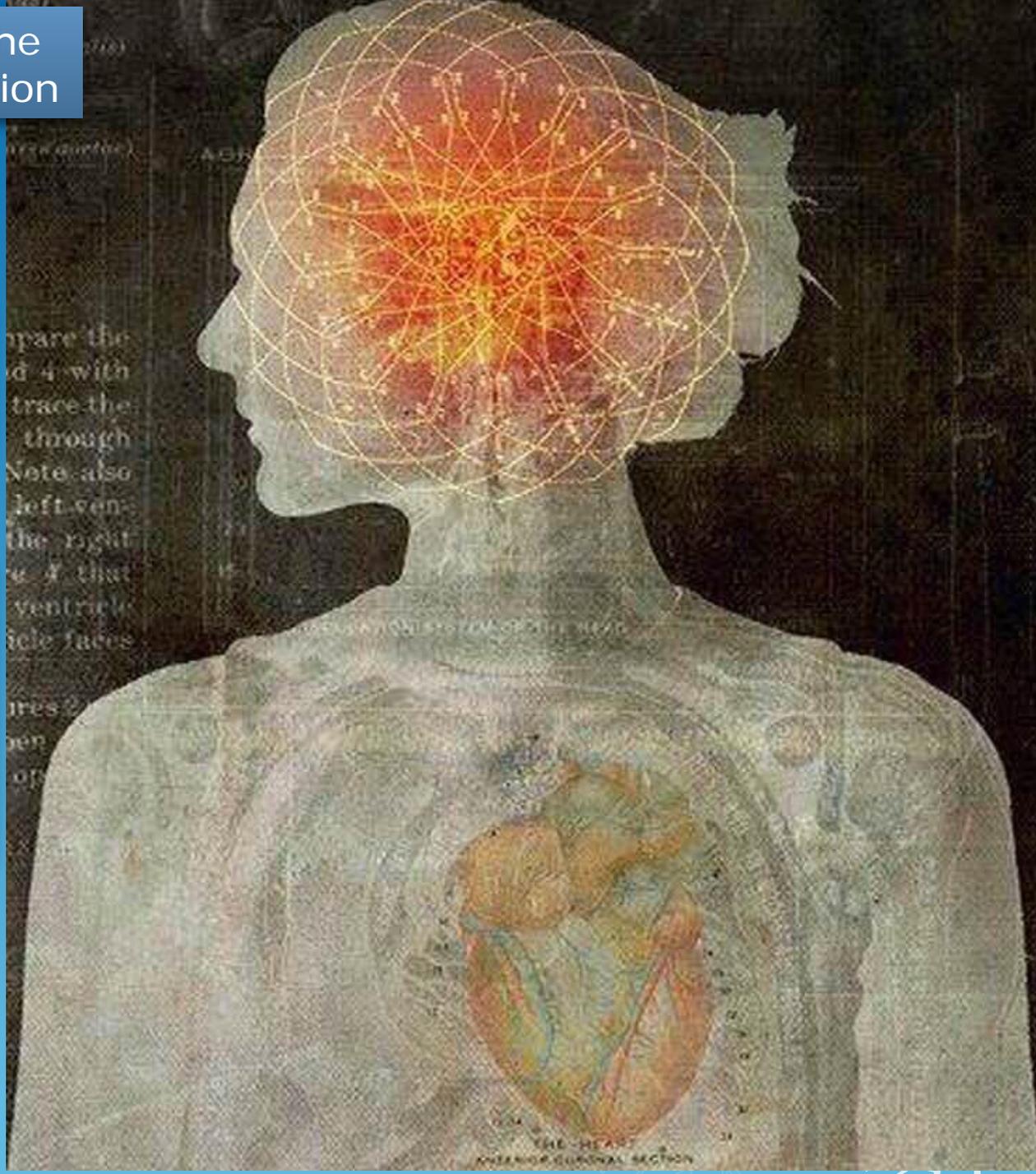
Let from the depths be entreated
What in the heights will be heard

The Saturday Rhythm of the
Foundation Stone Meditation

The Sunday Rhythm of the Foundation Stone Meditation

Practice Spirit-Recalling
Practice Spirit-Sensing
Practice Spirit-Beholding

That good may become
What from our hearts
 We are founding,
What from our heads
 We direct,
With focused willing.





The Monday Rhythm
of the Foundation Stone Meditation

Light Divine,
Christ-Sun!

This is heard by the spirits
of the elements
In east, west, north, south:
May human beings hear it!



Menschenseele!

Du lebst im ruhenden Haupte
Das dir aus Ewigkeitsgründen
Die Weltgedanken erschliesst =
Über Geist - Erschauen
In Gedanken - Ruhe
Wo die ewigen Götterziele
Wellen - Wesens - Licht
Dem eignen Ich
Zu freiem Wollen
Senken
Und du wirst wahrhaft denken
Im Menschen - Geistes - Gründen.

Human Soul!

You live within the resting head
Which from the grounds of eternity
Unlocks for you world-thoughts:

Practice spirit-beholding
In stillness of thought,
Where the gods' eternal aims
Bestow the light of cosmic being
On your own I
For free and active willing.

And you will truly think
In human spirit depths.

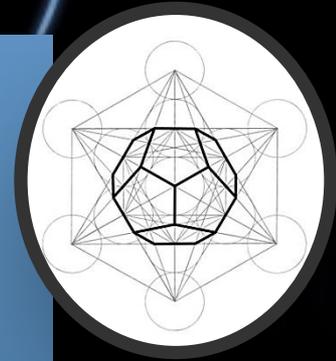
The 3rd Panel of
The Foundation Stone Meditation
~ Rudolf Steiner

For the Spirits' world-thoughts
hold sway
In cosmic being,
imploing light.

Spirits of Soul:
Let from the depths be entreated
What in the heights will be heard,
Speaking:
In the spirit's cosmic thoughts the
soul awakens.

This is heard by the spirits
Of the elements
In east, west, north, south:
May human beings hear it!

In der Zeitenwende
Trat das Willen - Geistes - Licht
In den irdischen Wissensstrom ;
Nacht dunkel hatte ausgewalltet
Taghelles Licht
Ersahle in Menschenseelen
Licht, das erwärmet
Die armen Hirten ^{herzen} ~~seelen~~
Licht, das erleuchtet
Die weisen Königshäupter -



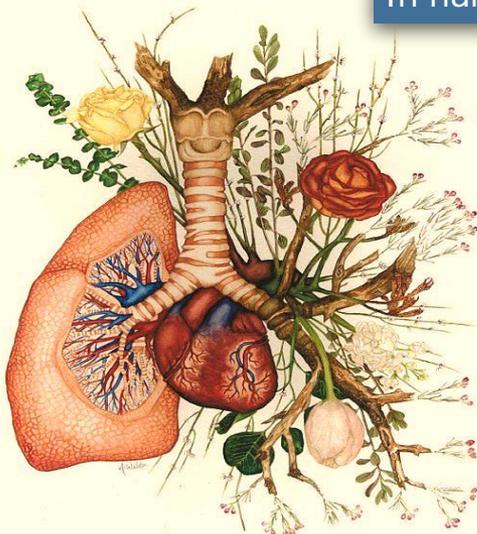
Menschenseele!
 Du lebst in dem Herzens-Lungen-Schlage
 Der dich durch den Zeitenrhythmus
 Ins eigne Seelenwesensfühlen leitet,
 Übe Geist - Besinnen
 Im Seelengleichgewichte
 Wo die wogenden
 Willen - Werke - Taten

The 2nd Panel of
 The Foundation Stone Meditation
 ~ Rudolf Steiner

Human Soul!
 You live within the beat
 of heart and lung
 Which leads you through
 the rhythms of time
 Into the feeling of your own soul being:

Practice spirit-sensing
 In balance of the soul,
 Where the surging deeds
 Of World-evolving
 Unite your own I
 With the I of the world;
 And you will truly feel
 In human soul's creating.

Das eigne Ich
^{Willen}
 Durch ~~Wesen~~ - Ich
 Vereinen
 Und du wirst wahrhaft fühlen
 Im Menschen - Seelen - Wirken.



For the Christ-will encircling us holds sway,
 In world rhythms,
 Bestowing grace upon souls.
 Spirits of Light:
 Let from the east be enkindled
 What through the west takes on form,
 Speaking:
 In Christ death becomes life.

This is heard by the spirits
 Of the elements
 In east, west, north, south:
 May human beings hear it!

The 1st Panel of
The Foundation Stone Meditation
~ Rudolf Steiner

Human Soul!
You live within the limbs
Which bear you through the world of space
Into the spirits' ocean-being:

Practice spirit-recalling
In depths of soul,
Where in the wielding
World-Creator-Being
Your own I
Comes into being
In the I of God;
And you will truly live
In human world-all being.

Menschenseele!
Du lebest in den Gliedern
Die dich durch die Raumeswelt
Im Geistesmeereswellen tragen:
Übe Geist-Erinnern
In Seelentiefen
Wo in waltendem
Wellenschöpfer-Sein
Das eigene Ich
In Gottes-Ich
Erwaset
Und du wirst wahrhaft leben
Im Menschen-Wellen-Wesen.

For the Father-Spirit of the
heights holds sway
In depths of worlds begetting life.
Spirits of Strength:
Let ring forth from the heights
What in the depths is echoed,
Speaking:
Out of the Godhead we are born.

This is heard by the spirits
Of the elements
In east, west, north, south:
May human beings hear it!



Human Soul!
You live within the limbs
Which bear you through
the world of space
Into the spirits' ocean-being:

Practice spirit-recalling
In depths of soul,
Where in the wielding
World-Creator-Being
Your own I
Comes into being
In the I of God;
And you will truly live
In human world-all being.

For the Father-Spirit of the
heights holds sway
In depths of worlds
begetting life.
Spirits of Strength:
Let ring forth from
the heights
What in the depths
is echoed,
Speaking: Out of the
Godhead we are born.

This is heard by the sprits
of the elements
In east, west, north, south:
May human beings hear it!

Human Soul!
You live within the beat
of heart and lung
Which leads you through
The rhythms of time
Into the feeling of
your own soul-being:

Practice spirit-sensing
In balance of the soul,
Where the surging deeds
Of World-evolving
Unite your own I
With the I of the world;
And you will truly feel
In human soul's creating.

For the Christ-will encircling us
holds sway,
In world rhythms,
Bestowing grace upon souls.
Spirits of Light:
Let from the east
be enkindled
What through the west
Takes on form,
Speaking: In Christ death
becomes life.

This is heard by the spirits
Of the elements
In east, west, north, south:
May human beings hear it!

Human Soul!
You live within the resting head
Which from the grounds of
eternity
Unlocks for you world-thoughts:

Practice spirit-beholding
In stillness of thought,
Where the gods' eternal aims
Bestow the light of cosmic being
On your own I
For free and active willing.
And you will truly think
In human spirit depths.

For the Spirits' world-thoughts
hold sway
In cosmic being,
imploing light.
Spirits of Soul:
Let from the depths
be entreated
What in the heights will be heard,
Speaking:
In the spirit's cosmic thoughts
the soul awakens.

This is heard by the spirits
Of the elements
In east, west, north, south:
May human beings hear it!

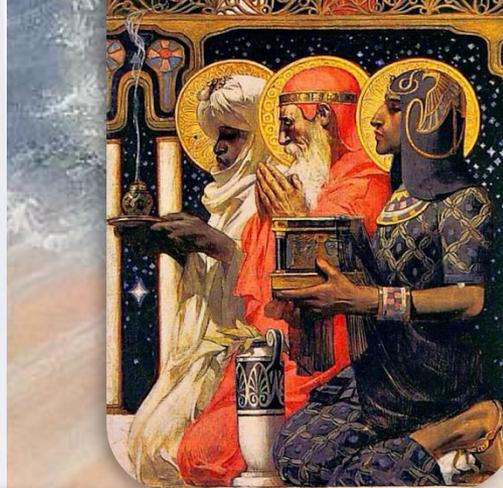
Dem es waltet der Vater - Geist der Höhen
 In den Weltentiefen Sein - erzeugend
 S. Ch. Th.

Lasst aus den Höhen erklingen
 Was in den Tiefen das Echo findet:

Das spricht:
 E. D. n.



Das hören die
 Elementengeister
 im
 O. W. N. S.
 Menschen mögen es
 hören.



Göttliches Licht
 Christus Sonne
 erwärme unsre Herzen
 Erleuchte unsre Häupter

Was gut werde
 Was wir aus Herzen
 gründen
 uns Häuptern
 Zielvoll führen wollen.

At the turning point of time
 The Spirit-light of the world
 Entered the stream of earth
 existence.

Light divine,
 Christ-Sun,

Warm
 Our hearts;

Enlighten
 Our heads;

That good may become

What from our hearts
 We are founding,

What from our heads
 We direct,

With focused willing.

Darkness of night
 Had ceased its reign;
 Day-radiant light
 Shone forth in human souls:

Light
 That gives warmth
 To simple shepherds' hearts;

Light
 That enlightens
 The wise heads of kings.

The 4th Panel of
 The Foundation Stone Meditation
 ~Rudolf Steiner

Dem es waltet der Christus - Wille im Umkreis
 In den Wellenrhythmen Seelen - begnadend
 S. Ch.

Lasst vom Osten befeuern
 Was durch den Westen lauf gestaltet:

Das spricht:
 J. Ch. M.

